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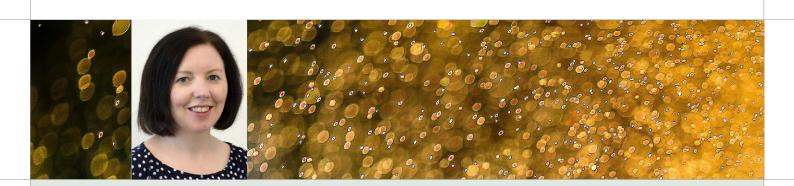
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#### ANCAD

0800 426 223 (0800 4ANCAD) info@ancad.org.nz Mary Thomas Centre, 3 Gibbons Road Takapuna, Auckland 0622



#### Kia ora | Hello | Nĭ hǎo | Bula | Namaste | Talofa | Mālō e lelei | Kamusta



#### Haere Mai!

Welcome back to Community Connections 2022. I hope you all found some time to rest and refresh over the holiday period. As we head into February, we look forward to the new year's opportunities and working towards our goals.

On the other hand, we face the ever-present challenge of the global pandemic and, in New Zealand, the arrival of the COVID-19 Omicron variant. We will endeavour to keep you appraised of resources and helpful information that will enable you to lead your organisation effectively during this time.

Many in the community sector began the year with great hope, aspiring for a new start and a cautious return to more in-person events in time. The recent return to RED-level settings caused everyone to pause, retreat and adjust. Whilst modelling predictions for the new variant indicate a cautious approach, a reminder that events can still operate safely within RED settings, provided numbers are restricted and conditions regarding vaccine passes, are adhered to at all times. Be sure to check the rules regarding events before you plan to meet in person and consider a backup plan for an online event, just in case

Those who work in the community know the value of bringing our aroha and mātauranga to the decisions we make every day in our work. One of this year's challenges is to ensure that this is what guides our actions amid an uncertain world. We know the importance of being present in our communities, an anchor in times of trouble and the value stability and consistency bring to our mahi.

I encourage you to take advantage of the many training and development opportunities offered by ANCAD's LiiFT AOTEAROA programme and share these with your networks. You may also be aware of the peer-to-peer facilitated leadership programme we have established to enable leaders and key workers in the community to offer mutual support and shared wisdom to one another. Now is a perfect time to join this group.

Please come to our network meeting on 17 February at 12.30pm. This meeting used to take place with kai, but we are meeting online now. The network comprises community organisations in Auckland North and the Auckland region. Come along and share what you are doing and make new connections. This month we will be hearing from Taylor Lake, Neighbours Day Aotearoa local community coordinator. I will also share some updates on our community emergency preparedness mahi. We thank Devonport Takapuna Local Board and Auckland Council for supporting this work.



#### Kia ora | Hello | Nĭ hǎo | Bula | Namaste | Talofa | Mālō e lelei | Kamusta

A new year is an opportunity to grow and even change. ANCAD is currently reviewing and working on a new strategic plan for the next three years that will take effect in our new fiscal year in April. There is also a flurry of activity by our team behind the scenes as we commence work on a new website, develop additional resources and get ready to launch some new initiatives later in the year. At the heart of this mahi is the ongoing recognition of Te Tiriti o Waitangi and our commitment to inclusion, participation and consultation.

Please share with us your plans for the year. We would love to hear from you. I have had the good fortune to meet with many people from the community sector during January. I have developed a new appreciation for the fantastic work that is quietly progressing at a grassroots level due to the dedication of volunteers and community-minded individuals. This builds our whanaungatanga and resilience and is more critical than ever.

We all recognise that business is essential to a vibrant and healthy community. The uncertainty and challenges facing business are considerable. I am delighted to be working alongside Takapuna Beach Business Association to support any community events that may be held when conditions allow.

I have had the opportunity to meet with several business entrepreneurs in the wider Auckland region over the last few months. Let's Siva, a dance company, is one of those featured in this magazine. It is a great initiative that supports rangatahi and whānau to realise their potential through an innovative dance programme delivered in schools, suitable for all abilities.

The confidence to change and grow through 2022 is one of our many opportunities. I hope that ANCAD may play a small part in supporting you and your organisation through our existing programmes and new emerging initiatives throughout the year.

The team at ANCAD wish you every success in the coming year. Please get in touch with us if we can be of any assistance or simply connect and share your news. We love hearing from you.

Ka kite ano

FIONA BRENNAN | GENERAL MANAGER, ANCAD

fiona@ancad.org.nz | 0800 426 223 (0800 4ANCAD)







## JAN RUTLEDGE, QSM

It is with great pride that ANCAD celebrates with Jan Rutledge (ANCAD Board member) and General Manager at De Paul House housing and family support, on Jan's awesome recognition in the recent Queen's Honours List, receiving The Queen's Service Medal (QSM) for services to transitional housing.

Well done Jan and your great team!



#### **SPECIAL EVENT**



# **Community Network Meeting**

ANCAD & Takapuna North Community Trust with Guest speaker Taylor Lake

DATE: Thursday 17 February, 2022

TIME: 12.30pm to approx. 2.00pm

VENUE: This Network meeting will now be on Zoom starting at 12.30pm.

RSVP to simon@ancad.org.nz

You are most welcome and invited to attend this combined Auckland North Community and Development together with Takapuna North Community Trust, Network meeting.

At this meeting, you are welcome to introduce yourselves and share what is going on in your neck of the woods.

We shall also be hearing from speaker Taylor Lake who is the North Shore coordinator for Neighbour's Day Aotearoa (18 - 27 March 2022) www.neighboursday.org.nz where the theme is Kai Connections and is all about Engaging Communities.

Please register your attendance here, RSVP to simon@ancad.org.nz

Once you have registered your interest we shall send you out the Zoom link for this meeting.

We look forward to seeing and hearing from you online, via Zoom.





I'm super excited to support Neighbours Day Aotearoa and look forward to making heaps more connections and friendships along the way!





#### Nā tō rourou, nā taku rourou ka ora ai te iwi "With your food basket and my food basket the people will thrive"

This coming March 18th to the 27th a massive national event is happening called Neighbours Day Aotearoa which will be popping up in regions like Wellington, Dargaville, Christchurch and here in Auckland's North Shore. This year's Neighbours Day theme is "Kai Connections", which is all about building a neighbourly connection through food.

All over Aotearoa communities of people are coming together to celebrate connections with not only their neighbours but the areas that they live in. People are sending through recipes and sharing them online and in person, hosting "bubble" picnics with their next-door neighbours, sharing a cuppa with their friends and even holding community BBQs at local parks.

Whether it's a big event or a small one this awesome event is all about encouraging connection and creating stronger neighbourhoods. 15 Neighbours Day Connectors are scattered around the country and are keen to support local activations within the community. If you're interested, please check out the Neighbours Day Facebook, Instagram and website for more details!

For the North Shore and Hibiscus Coast in Auckland, Taylor Lake a local community coordinator, will be supporting locals with their events and helping those who are keen to make Neighbours Day come to life in their neighbourhoods.

taylor@neighboursday.org.nz | www.neighboursday.org.nz www.facebook.com/NeighboursDay | www.instagram.com/neighboursdayaotearoa

# Take part in & , Neighbours Day Aotearoa & , \*

Neighbours Day Aotearoa focuses on 10 days in March that encourage you to celebrate and connect with your neighbours. Whether the intention is big or small, it all makes a difference to build more connected and stronger neighbourhoods.

With the theme being Kai Connections, we've jotted down a few ways you and your neighbours can take part:

Drop off some kai or fresh produce from the garden

Crop swap or cook-off



Share a cuppa or recipe

Share a skill (fillet a fish, make a chutney)

Make a community recipe pegboard

Make a community curbside vege garden with your neighbour



Host a picnic, BBQ, potluck, afternoon tea, or community breakfast

Organise a pickling or preserving event



Build a pataka kai (community pantry)

# 18-27 March 2022

To find out more or to register your event, head to our website: **neighboursday.org.nz** 

Have a question? Flick us an email at:

kiaora@neighboursday.org.nz





# Madison O'Dwyer

**BOARD SECRETARY, ANCAD** 

#### What is your professional background?

I worked as a dental assistant when I left school but most of my career has been in community-led development and social leadership. I'm currently studying business management at Massey University.

# What motivated you to apply for the Board Secretary position with ANCAD and what do you hope to contribute?

I worked alongside ANCAD in my previous role so I was already interested in the organisation. I applied because I want to learn more about the governance and management of NGOs. I'm hoping to be a support to the team and contribute a bit of banter too!

#### What super power would you wish for?

I would like to be able to rewind time just a few minutes so I could undo awkward conversations or clumsy moments. I think it would be a life saver!

#### What's one thing you couldn't do without?

Coffee, books and dogs. I couldn't choose just one...

#### Favourite movie of all time (or just in the last year)?

In the last year my favourite movie was Old directed by M. Night Shyamalan. He's one of my favourite directors and the cast/plot is fantastic. It's also one of the only movies I've seen in a cinema since COVID.

#### What inspires you?

I love books and I love art. It's fascinating how each person can take something different from a piece of literature or how a piece of art can play with colour and sensibility.

#### What are your aspirations?

I used to be quite specific and ambitious about my goals, but life keeps changing directions! I've recently replaced my goals in favour of these two general aspirations: contribute to my community and to do things that bring me joy.

# Are you a Samsung, or Apple or in the Other category when it comes to phones?

100% Apple. I know I'm supposed to be a tech-savvy millennial but every time my mum asks me to fix her Samsung, I just say no. It's like a different language.

#### What's your favourite season of the year and why?

I love Spring. I grew up on a farm and it's the season of baby animals and new growth for me. I like the fresh mornings and warm afternoons too, it feels like the best of both worlds.

#### What are you looking forward to this year?

I'm really looking forward to working with the ANCAD team. I'm looking forward to finishing my degree. I'm also going to be an emcee for Poetry Live, Aotearoa's longest-running open mic night in 2022.





## Social Media Success for 2022

**BY ALECIA HANCOCK** 



Alecia Hancock hancockcreative.com.au

Alecia is on a mission to make not-for-profits and social enterprises around the world more successful and sustainable by building their social media confidence.

She is the founder of the award-winning Unite and Change the World events and director of Hancock Creative. In her past life she was a journalist and magazine editor and is now a sought-after international speaker and not-for-profit trainer. Alecia was chosen as one of Western Australia's most influential people in business by NIFNEX, her business was named WA Telstra Micro Business of the Year WA and won an Australian Web award for Social Media Campaign of the Year. Alecia is also a university lecturer at Notre Dame university on interactive media. (in italics?)

It's a new year and that means there is nothing but new possibilities in front of you. It's time to forget what your 2021 social media looked like and start fresh with a new strategy that will bring success in 2022.

What does success on social media look like? It means having clarity on what you need to do, how to make the most of your time and resources and marketing online in a way that gets you measurable outcomes you can point to and say... 'I did that.'

Whether you're new to social media or you're just looking to fine-tune what you've already started, these are the 6 things you need to focus on to get social media success this year.

#### 1. Set goals

If in 12-months time you told me your social media was amazing and had achieved everything you hoped it would and more... describe to me what that looks like. This thought starter is one of the best ways to start framing your goals.



Is success around more calls to the front desk? More bums on seats at your events? More sales of products? More people taking action about their health? Raising money? It should be different for every one of you.

Take some time out now to write down what does that success a year from now look like? Then it's easier to work backwards and figure out what you need to do this year to get there.

#### 2. Know your audience

If you've been following me for a while, you know this is something I talk about a LOT. But it's also something few causes actually do well.

In order to make decisions about social media content, platforms and tactics you have to know who you're talking to and what will light them up. If your ideal social media follower was a person - describe them for me. The more detail the better.

If you're not sure who your audience is, try exploring your Facebook Insights or your Google Analytics and figure out who you're attracting now and what is engaging them.

#### 3. Choose the right platforms

I get asked all the time - should I be on Instagram or TikTok? The truth is nobody can answer this question with any degree of authority until you can answer questions 1 and 2.

If you know what your goal is and who your audience will be - it will be much simpler to make decisions on which channel is going to deliver that audience and that outcome.

For example, if your primary goal for this year is fundraising from mum and dad donors - Facebook is my first choice. Likewise if your audience is over the age of 55.

If you want to get more rheumatologists to refer patients to you on diagnosis of rheumatoid arthritis - then it's LinkedIn. Same goes for attracting philanthropists.

#### 4. Create a content plan

Be honest here. Do you recreate the wheel every single week or even every single day? Are you starting with a blank screen and asking 'what should I post today?'.

It's time to really beef up your content strategy. Every cause that is doing their social efficiently and effectively have fixed content pillars they talk to each month, story arcs they follow through for weeks (or even longer), a database of content resources and an overall plan to take people from never having heard of your cause to being raving fans ready to support you.

You won't ever reach the level of success you want on social media by creating posts when you find time. It has to have a plan that you stick to.

#### 5. Plan to grow

There have been more new social media users created in the last 12 months than in the five years that came before it. The changing world has meant more and more of us have embraced digital in a big way.

That means an even bigger potential audience for you. But it's not just going to fall in your lap. You're going to have to plan to grow that dream community of engaged people. You're going to need strategy and tactics that you implement monthly to ensure a constant stream of new audience.

#### 6. Measure your success

The single biggest way to keep your social media going from strength to strength each month is to systematise reviewing and reporting on your performance. If you can understand what worked, and what didn't, you will be able to replicate it again the next month and add little tweaks so it keeps going from strength to strength.

Don't drown yourself in data though. Know which numbers matter to your organization, your goals and where to find them quickly and how to interpret them.

So there you have it, my top secrets to succeeding on social media in 2022 with a well thought out strategy that will get you where you need to go.

If you want a hand getting your strategy up and running, don't hesitate to reach out to wow@hancockcreative.com.au

I've developed a number of cool programs from online self-learning to hands-on strategic consulting to help this become the year you get this right.

Happy strategising, Alecia ■





Talofa lava my name is Allister Ngawati-Salaivao and I'm the Director of Let's Siva Ltd.

What is Let's Siva and where does the word Siva come from? Let's Siva means Let us Dance - Siva is a word from the beautiful Island Samoa.

Let's Siva, the program, provides a holistic dance and education experience for children and teachers to engage in teaching over the course of one week.

As well as engaging the children, and role modeling an alternative way to deliver learning for teachers - whānau are also invited to come into the school and engage in a whole-school performance/showcase.

Empowering our young people and creating new pathways for successful education.



#### Let's Siva High School Programs Provides:

Any International Standards.
Strong male Dance Teacher.
Quality outcomes.
Meets the standard at an
Excellent level.
Pass rate minimum at Achieved.

#### Let's Siva Primary School Programs Provides:

Dance lessons and live
Performances over 5 Days.
Performance process.
Live performance for
families Showcased by
Let's Siva.



#### **CONTACT DETAILS**



@LETSSIVA



@LETSSIVA5678



@ALLISTERSALAIVAO



#### ANCAD's training programmes for community groups and the not-for-profit sector

The Auckland North Community and Development (ANCAD) Professional Development Programme (previously known as Five Good Ideas) is now known as LiiFT AOTEAROA.

LiiFT AOTEAROA seeks to both inform and inspire – that's why there are two 'i's in LiiFT.

ANCAD's vision is to see community and For Purpose (NFP) groups LiiFTED and strengthened through offering relevant and affordable capability-building courses, presented by top, professional consultants and facilitators, just as we have been doing for many years now, with the fantastic support of The Tindall Foundation.

The two 'i's in LiiFT also represent, in imagery, two stick figures and stand for people partnership and collaboration as key ways of fostering growth, harmony and resilience.

The remaining letters 'LFT' stand for 'Learning for Today' as we seek to respond to community need with relevant and timely courses as well as looking to the future in supplying the latest, helpful resource and training.

Our hope is that many will benefit and build on the good works they are already doing for the sake of community in Aotearoa.

For detailed information about course content go to the ANCAD Training website found here **www.liift.nz**.



SIMON RITCHIE
TRAINING COORDINATOR
simon@ancad.org.nz
0800 426 223
(0800 4ANCAD)



INFORM AOTEAROAINSPIRE

Outstanding, affordable professional development for the NFP community



### ANCAD's training programmes for community groups and the not-for-profit sector

## ANCAD's Professional Development Programme for 2022

DATE	SESSION TOPIC	TIME	PRESENTER	LOCATION
February 11	Volunteer Management: Policies & Procedures for Volunteers	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
February 16	Difficult Conversations: Balancing Caring & Accountability	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
February 18	Essential First Aid	9:30 am to 2:00 pm	Sarah Thompson (First Aid First Ltd)	Mary Thomas Centre, Takapuna
February 25	Volunteer Management: Volunteer Retention	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Sandy Thompson (LEAD)	Zoom
March 4	Volunteer Management: Evaluating Your Volunteer Programme	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 10	Future-proofed funding: Move your NFP towards Sustainable Funding	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
March 24	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Te Tuhi Centre, Pakuranga (TBC)
March 31	Getting Back in the Driving Seat of your Life	10:00 am to 11:30 am	Maria Thorndyke (The Grief Centre/Hearts & Minds)	Zoom
April 6	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
April 13	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
May 4	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom
May 11	Practical Non-profit Strategy 1: How to really do more with less	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom

May 19	An Introduction to Digital Marketing for Small Not for Profits	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
May 25	Setting up a new organisation: Legal responsibilities and financial oversight	9:30 am to 1:00 pm and 1:30 pm to 3:00 pm	Carol Scholes (Overview Effect)	Waiheke Island
May 26	Practical Non-profit Strategy 11: How to develop strategies that make a difference in the real world	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom
June 1 (TBC)	Leading Community-Led Change	10:00 am to 11:30 am	Anna Parker (Inspiring Communities)	Zoom
June 15	Getting Beyond Busy: Simple Strategies to Reduce Overwhelm and Boost Productivity	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
June 22	Partnering with Māori: How to practically apply Te Tiriti o Waitangi in your Leadership and Work	9:30 am to 12:30 pm	Hilary Star Foged (LEAD)	Mary Thomas Centre, Takapuna
June 29	Cultural Awareness and its Implications for Leadership	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom
July 6	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Garth Nowland-Foreman	Zoom
August 4	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 11	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 18	Funding Options for your Organisation: What now and what next?	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
August 25	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Mary Thomas Centre, Takapuna (TBC)
September 1	Other Fundraising Options: Donations, Bequests, Business Support & Events	10:00 am to 11:30 am	Stephanie Maitland (Maitland & Associates)	Zoom
September 7	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
November 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	TBC	Zoom

Remaining sessions September to November 2022 to be confirmed at a later date.

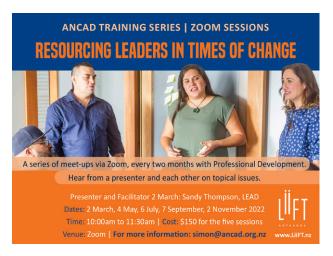
The Tindall Foundation



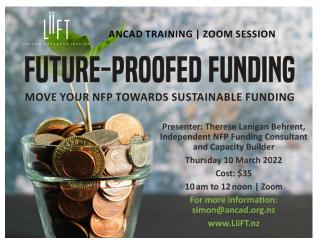
















# NSFVPN / CFG / YCS: Meeting dates 2021

#### **North Shore Family Violence Prevention Network**

The North Shore Family Violence Prevention Network (FVPN) is an open collaborative of individuals and agencies that advocate for Family Violence Prevention initiatives within the wider North Shore Community. Members represent both NGO and Government organizations.

#### **MEETING DATES 2022**

Dates continue on the first Thursday of the month:

3 February | 3 March | 7 April | 5 May | 2 June | 7 July | 4 August |

1 September | 6 October | 3 November | 1 December

(NEW) Meeting Time: 1:00pm-2:00pm

Venue: TBC - Zoom OR Mary Thomas Centre, Takapuna (as per COVID

Protective Framework settings)

#### **Child Focus Group / Youth Cyber Safety**

**Child Focus Group (CFG)** was formed in October 2010 with the overarching goal of strengthening the Auckland North community's ability to effectively support children who have been affected by family violence and prevent them from further abuse by enhancing existing systems, increasing community ownership and the service response wrapped around families and whanau.

#### MEETING DATES 2022 (combined Child Focus Group and Youth Cyber Safety)

Dates continue on the second Thursday of the month:

10 February | 10 March | 14 April | 12 May | 9 June | 14 July | 11 August | 8 September | 13 October | 10 November | 8 December

(NEW) Meeting Time: 1:00-2:00pm

Venue: Zoom OR Mary Thomas Centre, Takapuna (as per COVID

Protective Framework settings)



COORDINATOR fvpnns@gmail.com 021 0810 7516







## Auckland Community Accounting welcomes requests

Auckland Community Accounting (ACA) welcomes requests for accounting assistance from NFPs for this free and confidential service.

This service is for Community groups including sporting, cultural and social service agencies and the service is provided by accountancy students from Massey University, supervised by Chartered Accountants.

Students will assist with your finances, help you understand the treasurers role and guide your organisation through the new annual reporting process.

They will also help you understand the financial responsibilities of a Board or Committee, point you in the direction of resources that can assist your organisation and help you work out how to utilise your accounting software more efficiently.

The students will gain valuable real life experience in the wonderful NFP sector and at the same time they will be giving back to the sector and developing a better understanding of the work of NFPs and the wonderful contribution volunteers make to the sector.

If you just want to find out more or want to sign up please email me at geoff@ancad.org.nz or give me a call on 021 054 6240 or 0800 426 223.



GEOFF ANDREWS
PROJECT MANAGER
geoff@ancad.org.nz
021 054 6240 | 0800 426 223







# **Auckland Community Accounting**



# Auckland Community Accounting is a free service which offers support, advice or assistance on financial matters

#### Who is this service for?

Community groups, including sporting, cultural and social service agencies within the region, are able to access this service free of charge.

- Struggling with your charities finances?
- Need help understanding the treasurer's role?
- Having difficulty completing your annual return and performance report?
- Need help understanding the financial responsibilities of a Governance Board or Committee?
- Unsure what financial and non-financial resources are available to assist your charity?
- Experiencing difficulty working with your accounting software?

#### How does it work?

- Auckland Community Accounting provides community groups in the Auckland Region with free and confidential assistance on financial matters.
- Teams made up of senior accounting students provide assistance under the supervision of a Chartered Accountant.
- This provides accounting students with practical experience and encourages increased involvement in the local community sector.

#### What do you need to do?

#### Step 1

Register your organisation's interest in receiving assistance from Auckland Community Accounting.

Email geoff@ancad.org.nz

or phone **021 054 6240** 

#### Step 2

Give some indication of the type of assistance your organisation is looking for.

#### Please note:

The matters on which students can advise will be limited to;

- Good practice and general accounting principles relevant to the not-for-profit sector
- Assisting with document completion/form filling where appropriate
- More detailed or complex queries will be referred to local Chartered Accountants.

This initiative is supported by the following organisations;

Auckland North Community and Development (ANCAD)

Department of Internal Affairs | Massey University |

Foundation North | Auckland Council | Charities Services |

Chartered Accountants Australia and New Zealand | RSM

#### **Auckland Community Accounting**

#### **Geoff Andrews**

Project Manager

P: 0800 426 223 M: 021 054 6240

E: geoff@ancad.org.nz





# Pacific Community Funding Workshop

Auckland North Community and Development presented at four funding workshops last week organized by ACE Aotearoa for Pacific Community Groups. Two workshops were held in West Auckland and two were held in South Auckland.

Auckland North Community and Development staff member, Geoff Andrews, spoke about the Professional Development programmes offered by ANCAD and the Auckland Community Accounting Programme (ACA) - available through ANCAD as well (a free and confidential service for small charities needing assistance in getting their accounts funder ready).

Geoff also highlighted the Funding Directory available through ANCAD and the Funding Fair that ANCAD is planning to hold on the 17th March for community groups.





#### **COMMUNITY EVENTS**



Kids Athletics is a 6 week 'have-a-go' style athletics programme where primary and intermediate school aged kids have the opportunity to try a variety of athletics activities in a non-competitive environment.

Activities include running races, long jump, high jump, agility games and ball skills.

Attendance is free and casual so there is no need to book in advance.

Registration is done on site, near the bleachers.

Facebook link: <a href="https://fb.me/e/ecHOPEog5">https://fb.me/e/ecHOPEog5</a>

For more information contact Maria ph: 09 445 9533 or email: maria@devonportpeninsulatrust.nz



## 2022 International Women's Day

Luncheon

"Gender equality today for a sustainable tomorrow"

2PM—4PM
Mary Thomas House
Channel View Room
Takapuna, Auckland

INSPIRE
EMPOWER
CONNECT

Join us as we celebrate International Women's Day. Be inspired and connect with women making a difference.

Tickets \$25 Each

RSVP: Contact Sylvia on 0211527174 or

email: sinorthshore@siswp.org

#### COMMUNITY EVENTS

Learn to Lead from the comfort of your own home!

## A LEADERSHIP DEVELOPMENT COURSE FOR **AOTEAROA/NEW ZEALAND COMMUNITY AND NOT FOR PROFIT LEADERS**

## LEAD

CENTRE FOR NOT FOR PROFIT GOVERNANCE & LEADERSHIP

This April LEAD are delivering their Managing & Leading Community Organisations course online commencing on April 29th, 2022. You will be able to participate from wherever you are in Aotearoa.

Because leading in a community organisation can be complex, this training programme gives you the skills, knowledge and confidence to lead people, projects, and stakeholders, whilst still driving results.

#### THE COURSE WILL RUN FOR 8 WEEKS. IT WILL BE A MIX OF:

- activities you do on your own)
- peer group discussions every other week, to deepen your discussions and learning on specific topics to support and grow your leadership. (either online or in person depending on where you are)
- self-directed learning (readings and learning large group virtual workshops every 2 weeks in-between, exploring specific leadership topics in-depth (via zoom)
  - one on one coaching with the facilitators
  - personal written feedback from the facilitators

Feedback from leaders who participated in the course recently have told us the training was incredibly timely, informative and relevant.

"Doing the course this way has encouraged deeper relationships with the other participants and gave us time to ponder over things before the next sessions. It has made me reflect on my mahi out in the community and given me some new things to try" Janine Maruera; Tarankai Participant

#### THE COURSE TOPICS ARE EXPLORED IN THE CONTEXT OF YOUR **COMMUNITY AND ORGANIZATION:**

- Creating and understanding the bigger picture
   Leading sustainable organisations
- Being a mindful leader, and how our management and leadership impacts on others
- Building a strong team

- Working creatively in the face of ongoing change and complexity
- How to create real change for our communities

Dates: April 29th to June 24th, 2022

Cost: \$590+gst. \$500 for the second and subsequent people from the same organisation.

"Real learning gets to the heart of what it means to be human. Through learning we re-create ourselves. Through learning we become able to do something we never were able to do. Through learning we reperceive the world and our relationship to it. Through learning we extend our capacity to create, to be part of the generative process of life. There is within each of us a deep hunger for this type of learning."

— Peter M. Senge in The Fifth Discipline: The Art and Practice of the Learning Organization

For more information and to register email or call: hilary@lead.org.nz // 021-134-0929 www.lead.org.nz

#### **COMMUNITY EVENTS**



LEAD

CENTRE FOR
NOT FOR PROFIT
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#### The Importance of Developing Leadership Together

Some years ago I was asked by someone who I knew as a skilful and highly respected leader within the community sector, to support them to in her commitment to regular reflection practice with feedback and mentoring. It was a significant learning for me in why a reflective practice, on a regular basis, provides incredible opportunities for learning and growing in our leadership. She wrote weekly, reflecting on meetings she had led, conversations she had been involved in, stakeholder engagement, delegating work to staff, and having coaching meetings with her team.

In our discussions on her reflections we discovered a deeper understanding of why goals were not being met and where tasks were not being completed as well as insights about what needed to change and what needed to be more fully supported. The learning she experienced through this process was closely linked to her own practice and awareness of leadership, as well as growing her awareness of how to empower and support the leaders who reported to her. This experience for me as her mentor, was a powerful validation of leadership development support, specific to the learning needs of community based leadership,

At the end of the year we carried out a debrief exploring what had worked well, what had been challenging, and what had changed in her leadership. We identified one element was missing - the opportunity to share this reflection with others in leadership roles. It is well documented that leaders sharing experiences and ideas and together reflecting on frameworks and articles expands the awareness of all the leaders.

Consequently this leader began to meet regularly with other leaders in community organisations to share their experiences and grow in their learning from them. It gave me a new appreciation of the importance of providing a space for learning and growing bringing leaders together for a focused time, with a commitment to learning and growing in their leadership. The basis of the leadership development training such as provided by LEAD is to create opportunities for reflection with others, utilising frameworks and theories and practices to support that reflection.

Many people who are involved in leadership in the community sector have participated in the LEAD training during the past six years. They discovered the support, the insights, and the learning and growth that are all activated by meeting with regularly with others in facilitated sessions. They have all experienced the benefits from training that supports the development of a reflective, aware, skilful and confident leadership.

If you would like to join with others who share your experience of leading in communities check out: www.lead.org.nz

Hilary Star Foged, LEAD Centre for Not For Profit Leadership

For more information and to register email or call: hilary@lead.org.nz // 021-134-0929 www.lead.org.nz

# Learn English with us





Red light All classes are online Orange Online and face to face\* Green Online and face to face\*

\*Vaccine passes are required for all face to face classes.



**English Language Partners North Shore** 

424 Lake Road, Takapuna, North Shore, Auckland **Phone** 09 489 2078 **Email** northshore@englishlanguage.org.nz

www.englishlanguage.org.nz

#### A new community engagement role at Onewa Christian Community

Onewa Christian Community is a local congregation of the Presbyterian Church of Aotearoa New Zealand.

Last year, the Community of St Aidans, Northcote and St Andrews Presbyterian Church in Birkenhead combined their energies to focus on increased community engagement, particularly with community organisations in our area. We're all-age friendly and inclusive.

Our new website will be online soon. For now, you can check out our community engagement page on Facebook: www.facebook.com/onewachristiancommunity

The church is in the process of appointing a new ministry team.

In November **Dr Greg Morgan** joined Onewa Christian Community as Director of Community Engagement. Greg has worked in the tertiary, NGO/disability and local government sectors (libraries, community development, emergency management). He is a Fellow of the Library and Information Association of New Zealand Aotearoa and an accredited lay preacher.



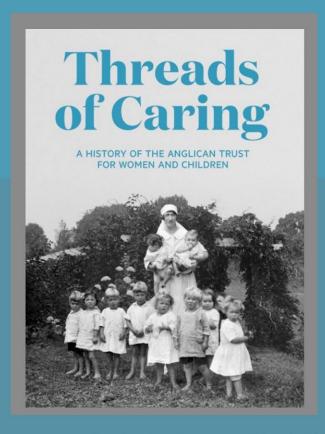
Greg is keen to hear from any groups interested in working with the Onewa Christian Community or that want to know about using its spaces for hire at 172 Hinemoa Street and 97 Onewa Road.

Feel welcome to make contact. Email Greg at: communityengagement@onewacc.org.nz

Author Ruth Greenaway (formally of ANCAD) together with Megan Hutching have written this wonderful book, called **Threads of Caring**, celebrating the 160+ years of history of the Anglican Trust for Women and Children.

For further information and to purchase copies of this book, you can head to the Anglican Trust for Women and Children website found at www.atwc.org.nz

# Available now



Drawing on archival and oral sources, *Threads of Caring'* delves beneath this caring institution to the stories of the many people at its heart; to the families who came for help, and the commitment and challenges faced by the ATWC's Christian founders and those who followed them to meet those needs.





www. atwc.org.nz/threads-of-caring —

# North Shore BUDGET SERVICE Building Financial Capability

Free one-to-one confidential budgeting advice to help you budget and manage finances. We help with:

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www.nsbudget.co.nz



# FOR VOLUNTEERS!

Do you have what it takes to be a financial mentor?

Come and join our next training.

For more information, please contact Manager, Drew Glucina, drew@nsbudget.co.nz

Please note full screening is required for this role.



# SUMMER FUN



# PRE-SCHOOL PLAY

Mondays and Wednesdays
in our local reserves
See www.takapunatrust.org.nz
for dates and venues

Join us for free Summer Fun preschool play! Our van is loaded with fun toys for your little one to play and be active at our amazing parks and reserves. It's also a great way to meet other parents and/or caregivers. For more information including dates and venues, please see our website <a href="https://www.takapunatrust.org.nz">www.takapunatrust.org.nz</a> or visit facebook.com/summerfunplay

Please note that we will need to scan your vaccine pass for you to attend this event.







# The ROAM Study

(Researching Osteoarthritis and Greenshell™ Mussels)

# Are you 55-80 years of age and don't have knee pain?

Massey University is undertaking a study investigating the role of selected lifestyle and nutritional factors among people with and without knee pain or osteoarthritis.

#### Can you help? If you can, you will be required to:

- · Complete screening questionnaires
- Visit the Massey University Human Nutrition Research Unit in Albany for data collection:
- · Data collection will involve:
  - Answering questionnaires
  - Body composition measurements

#### For more information, please get in touch:

www.massey.ac.nz/roamstudy

Email: Anita A.Randell-Clark@massey.ac.nz



Participants will be compensated for travel with a \$50 voucher

This project has been reviewed and approved by the Health and Disability Ethics Committee ref: 20/CEN/218



month at Mary Thomas Centre, Takapuna

from 10:00 – 11:00am. Find us on Facebook at http://bit.ly/HeartbeatsFB



# Sign up to receive our weekly e-news

heartbeats



We hope that you have subscribed to our weekly email newsletter – **Community Pulse** – but if not, you can do so by entering your email address on our website.

Or you can email us: info@ancad.org.nz; Phone: 0800 426 223 (0800 4ANCAD)

www.ancad.org.nz



For weekly e-news updates about ANCAD's outstanding, affordable professional development training for the NFP community please sign up on our training website www.LiiFT.nz.

Or you can email us: info@ancad.org.nz; Phone: 0800 426 223 (0800 4ANCAD)

www.LiiFT.nz



#### Kia ora koutou

Thank you so much for your patience over the past few months.

As we have mentioned previously Auckland North Community and Development (ANCAD) are following the guidelines of Auckland Council in regards to COVID protocols at the Mary Thomas Centre (MTC). Auckland Council is the Landlord of the MTC.

New Zealand is currently under the RED setting of the COVID-19 Protection Framework.

This impacts on the number of people that can safely gather in each room that ANCAD hires, as follows;

(observing 1m physical distancing)

Channel View Lounge: 30 persons
St Anne's: 30 persons
Wynn Williams: 12 persons

Please note: Vaccine certificates, masks, and QR scanning are mandatory for everyone entering the MTC building.

Hirer's will also have additional responsibilities under the Traffic Light System so please take the time to read through the protocols and if you have any questions please ask.

We will aim to answer them as best we can and if we cannot immediately, we will seek guidance from Auckland Council and Government.

These protocols will form part of the 2022 hire contracts to be signed between ANCAD and yourselves which we will be sending out in January.

ANCAD has also reviewed its hire charges for each room which will become effective from February 1st 2022.

There have been no increases in the hire charges for over 6 years. However, increases in overheads and other costs have necessitated these changes.

We appreciate your ongoing support.

Ngā mihi nui

#### HIRE INFORMATION

These new rates outlined below will come into effect from 1 February 2022.

Please note that the room capacity figures on this schedule will only apply when we no longer need to institute distancing requirements.

#### **Channel View Lounge: Capacity 80 people**

Morning 8am–12noon | Afternoon 1pm–5pm | Evening 6pm–10pm

Commercial rate: \$50 + GST per hour (up to 4 hrs) Community (NFP) rate: \$25 + GST per hour (up to 4 hs) Kitchen \$15 + GST one off charge

#### St Anne's Room: Capacity 60-80 people

Morning 8am–12noon | Afternoon 1pm–5pm | Evening 6pm–10pm

Commercial rate: \$50 + GST per hour (up to 4 hrs) Community (NFP) rate: \$25 + GST per hour (up to 4 hrs) There is a kitchenette in the St Anne's room.

#### Wynn Williams Room: Capacity 20–30 people

Morning 8am–12noon | Afternoon 1pm–5pm | Evening 6pm–10pm

Commercial rate: \$36 + GST per hour (up to 4 hrs)
Community (NFP) rate: \$18 + GST per hour (up to 4 hrs)

Mary Thomas Centre 3 Gibbons Rd, Takapuna, Auckland hub@ancad.org.nz 0800 426 223



### ANCAD thanks our valued funders and sponsors for their support!





























