



Community Connections

The official magazine of
Auckland North Community
and Development

May 2022

THE VOICE OF YOUTH

FEATURING:

YOUTH WEEK 7 – 15 MAY
THEME: "OUR VOICES MATTER
AND WE DESERVE TO BE HEARD"

PINK SHIRT DAY 20 MAY
SPEAK UP AND STAND
TOGETHER TO STOP BULLYING

PLUS:

COMMUNITY RESILIENCE:
EMERGENCY SCENARIO WORKSHOP
FOR RESIDENTS AND COMMUNITY



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ANCAD

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Takapuna, Auckland 0622



Kia ora | Hello | Nǐ hǎo | Bula | Namaste | Talofa | Mālō e lelei | Kamusta



Haere mai

This month's edition of Community Connections showcases the work of several organisations with a mission to support, empower and enable youth and youth voices. It is inspiring to see the mahi carried out by youth and to enabled, community-led youth initiatives and co-designed services that support their priorities and needs. Read about some youth initiatives and collaborations happening during Youth Week – this week 7th – 15th May.

We have some great events happening in the community coming up. Kaitahi dinners by Kai 4communities are working together with Takapuna Methodist Church to run a community kitchen and meals event on the 19th May. Get involved by volunteering, go along and join in, or spread the word to those who might enjoy some free kai and an opportunity to connect with the wider community.

Our community resilience coordinator and Auckland Emergency Management are running a workshop - a scenario-based exercise to prepare for cyclones and flooding, at Takapuna Hub at the Mary Thomas Centre. We encourage community organisations and interested individuals to attend.

I particularly would like to commend Pink Shirt Day on 20th May - the call to action to 'Korero Mai, Korero Atu, Mauri Tū, Mauri Ora' – 'Speak Up, Stand Together, Stop Bullying' has never been more important at all levels of our communities, schools and workplaces. Look out for Bays in Action Pink Shirt Day initiatives too.

Recently I attended a wonderful reflective workshop on the whakapapa of Matariki, organised by Takapuna Community Trust and led by Natanahira Pono. He is a master carver, educator and storyteller who works in a range of mediums including carving, sculpture, illustration and digital art. He is a graduate of the New Zealand Māori Arts and Crafts Institute and holds a Bachelor of Māori Arts in whakairo from Te Wānanga o Aotearoa. He will be running a series of workshops at the Rose Centre on the theme of Te Ao Mātauranga - The World's Knowledge: A deeper understanding of the world through art and the journey towards Matariki.

ANCAD's LiIFT Aotearoa training programme for May and June is varied. We encourage you to try out one of our workshop or Zoom sessions run by experienced and engaging presenters. Do contact us if your organisation has specific needs that may not be covered by our workshop topics. We are sometimes able to provide you with support directly free of charge, if aligned to one of our funded programmes, or alternatively, for a relatively low-cost fee, we can provide experienced training and guidance for your non-profit, or refer you onwards.

We look forward to continuing to connect and kōrero with you over the next few weeks.

Nga mihi

Fiona Brennan

FIONA BRENNAN | GENERAL MANAGER, ANCAD
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SPECIAL NOTICES



**AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT**
Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua

emergency scenario workshop

How will your community respond in the event of a cyclone?

9AM - 12PM
Tuesday May
17th

St Anne's Room
Mary Thomas Centre
3 Gibbons Road, Takapuna

Catering provided.

Please RSVP before the 12th of May to madison@ancad.org.nz



**Auckland
Emergency Management**
Tokonga Mate Ohohata o Tāmaki Makaurau

**Devonport-Takapuna
Local Board**
Auckland Council





SPECIAL NOTICES

ANCAD/TNCT

COMMUNITY NETWORK MEETING

**Please join us on
Thursday 9 June 2022**

**Revised time of
4:00pm to 6:00pm**

**Mary Thomas Centre
(either Channel Lounge or
St Anne's Room – TBC)**

This event is open to all groups and community organisations in the local area as well as throughout Tāmaki Makaurau for those who feel they would benefit from attending and sharing ideas.

This will be also be a thank you event for volunteers with awards and a speaker from Volunteering Auckland. Focus on youth volunteering.

Come and share afternoon tea with us!

**Please RSVP to Sarah Thorne,
office@takapuna.org.nz for catering
and room management purposes.**

HOSTED BY



**AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT**
Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua



**TAKAPUNA NORTH
COMMUNITY TRUST**





Youth Week 7–15 May

“Our voices matter and we deserve to be heard”

Youth Week is a nationwide festival of events organised by young New Zealanders to celebrate the talents, passion and success of local young people.

Youth Week aims to amplify young people’s valuable contributions to their communities by supporting them to design, deliver and evaluate all aspects of the week.

We want Aotearoa to be a country where young people are vibrant and optimistic and are supported and encouraged to take up challenges. Events are

designed to encourage young people to take on challenges, share ideas and focus on the positive aspects of being young.

The week also recognises the youth workers, youth service providers and others working with and for young people.

We identify young people to be those aged between 12 and 24 years old.

arataiohi.org.nz/youthweek



Bays in Action
THINK TANK

BAYS IN ACTION

A COLLECTIVE FOCUSED ON YOUTH WELLBEING

BY DEB HUMPHRIES, ANCAD, COORDINATOR NORTH SHORE FAMILY VIOLENCE PREVENTION NETWORK/
SAFER WHANAU PROJECT & CHILD FOCUS GROUP

Nāku te rourou nau te rourou ka ora ai te iwi
With your basket and my basket, we will
sustain everyone

This whakataukī acknowledges that shared accountability within communities is important because through working together, we can achieve more than we would alone.

The Bays in Action Think Tank was established as a community-led Collective to explore strength-based solutions to youth violence and bullying.

A partnership project between ANCAD and Heart of the Bays evolved towards fostering a community owned Collective of community members, community agencies, local businesses and local government. What has emerged is a group focussed on promoting greater wellbeing for all, with an intentional focus on youth development.

The 2021 Bays Matariki Festival was the rather ambitious inaugural initiative of Bays in Action. A community mobilisation response to the need for enhanced youth wellbeing opportunities in the East Coast Bays area. The Festival was an opportunity to activate the idea of building community cohesion through community development. The two week programme of youth-friendly, whanau focussed activities and events showcased the awesome local assets we have available.

The group has a vision of having youth at the heart of everything they do so one of the activities during the Matariki Festival was an Intermediate School Logo Competition to design a logo for the Collective. Prizes included art supplies and art mentoring with The Stoned Cow Café / Art Gallery.



The winning logos have been graphically designed by local business, Logo Logo NZ, for the group to use as its brand and collective identity. Supporting and partnering with local businesses is a priority for our mahi.

The Stoned Cow Café was also where we planted the Matariki wishing tree for community to share their dreams and aspirations for the Bays.

These activities themselves highlight the groups desire to increase opportunities for learning and developing the arts in the community.

We also had an awesome opportunity to visit the Northcross Intermediate Tech Department for a special Matariki Carving Class. The talent of the students and teachers was incredible, as was the interest in connecting more with the community.

Additional community education opportunities are also a definite focus of the group, exploring 'Making Spaces' and developing Mentoring opportunities within and across generations are just some of the many ideas we have.

Another highlight of the Festival was the Boards and Bikes Skate park event. The photos and video footage from the day showcase the talent, passion, joy and connection that was abundant for all to see.

Where do we find ourselves now? A Youth Strategy has been developed by the group and we are now exploring our Action Plan for Wellbeing. Our biggest challenge is to prioritise the many awesome ideas the group has suggested and decide the first win in what we hope to be an enduring work plan of complementary wellbeing initiatives. ■



SHORE JUNCTION

A YOUTH INNOVATION HUB IN THE HEART OF TAKAPUNA

BY ANNALIESE HEWITT, SHORE JUNCTION

Shore Junction is a place where young people (13-24yrs) find themselves in a safe environment to develop their current passions whilst exploring and trying new skills. Their voices are listened to and they are encouraged to be their authentic selves.

We often get asked “What programmes do you deliver?” and “What do young people do at Shore Junction?” and there is an underlying pressure to prove that our youth workers do not merely hang out with young people playing on the PS5, and that we should be providing programmes for young people with more quantifiable outcomes. Too many people believe that if structured programmes aren’t being offered then what is the purpose of a young person attending Shore Junction? Is it just about staff and young people sitting around and ‘chilling’?” The importance of an ‘open access’ youth centre is being lost.

Shore Junction at its best, when allowed to run in a way that reflects the needs, wishes and voices of young people, is a hive of ‘positive activities’ as well as an innovative space where young people can experiment with identities, roles and

lifestyles. The difference with Shore Junction to most other spaces young people access, is that they do not need to come with a pre-conceived role. The young people are neither young consumers, young politicians, young offenders, nor young people who act, dance, paint, etc. They are simply young people. Shore Junction allows young people to try out a multiplicity of often contradictory roles (they may act, paint, sing, try technology) without becoming confined to any one of these activities.

For some young people, Shore Junction is the only stable place in their chaotic lives. It provides a safe space, where they know they will not be judged. For some, it is a place to have fun. For some young people it will be a place to share their problems, for others a place to learn new skills. For some it will be all of these things. Some will pass through only occasionally but others will spend most of their free time here.

The benefit of the youth workers at Shore Junction is that they are trained to allow the young people to take centre stage. They learn



to sit in the silence and value not just the major breakthroughs, but also the sometimes 'boring' everyday processes that make up the lifeblood of Shore Junction.

A young man recently said to Josh, our Youth Development Manager, that he finally feels like he has found somewhere where he 'fits'; a place that he can feel comfortable around other people his age and that he feels happy. On the surface of things, he spends most of his time playing his guitar and 'chilling'. But he is being happy in an environment of tolerance and diversity (the people he is playing the guitar with are a range of ages, ethnicities, beliefs, etc.). He is learning, we believe, to appreciate these values in a way that is relevant to his life. Hopefully, this will go on to enable him to be happy in other areas of his life as well. It is our role as Shore Junction youth workers to facilitate the creation of this open environment, to support him and others like him, with the difficulties and dilemmas that he will come across, to offer him opportunities to try out new things, without excluding him if he opts not to. ■



YOUNITE

BY IVY MITCHELL, YOUNITE

A group of youth passionate about the local community and civics come together to form Younite; the Devonport-Takapuna Youth Board. Younite presents a unique platform for rangatahi to engage and improve local issues around the area, but also an opportunity for young leaders to shine in the community.

In the past Younite has worked to combat issues within the Devonport-Takapuna region by surveying youth on Safe Spaces, working to integrate te reo Māori into the community, helping youth de-stress during exams, and much more!

The team also provides a unique youth perspective on issues that surround the Takapuna-Devonport community which acts as a guide to local council boards when making youth-based decisions.

Youth Week, held from the 7th to 15th of May, is the national week that celebrates youth, with the theme being 'Our voices matter, and we deserve to be heard: Taringa Whakarongo! Ki Te Reo o Ngā Taiohi'.

Today, youth are as engaged as ever in sharing their voices and initiating meaningful conversations about the world, as this year's theme accurately describes this eagerness. For the generations older than today's youth, it encourages them to really listen and

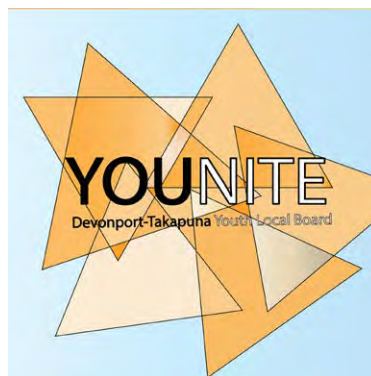
incorporate this voice, especially when designing the future. The theme is also strongly tied to the principles of Younite, as we advocate for the importance of the youth voice and aim to create opportunities for rangatahi to be heard.

In the spirit of Youth Week, Younite will be collaborating with the Upper Harbour Youth Council to hold a 'Youth Flea Market', highlighting youth stalls.

This event aims to take place in the beginning of June and will allow local rangatahi to share their talents with the community. Youth-owned businesses such as school business studies groups, youth artists or inspiring young entrepreneurs will frontline the market. Come along to enjoy live music, inspiring food and to immerse yourself in the creativity and ambition of some incredible rangatahi. The proceeds raised from

the market stalls will be put back into improving the lives of youth by being donated to the charity Cure Kids which funds research into saving the lives of Kiwi kids.

So what can you do to support the incredible rangatahi within our community during the 2022 Youth Week? Firstly, come along and support the youth at the Younite + Upper Harbour Youth Council Youth Flea Market. And secondly, take a moment to appreciate and really listen to the youth who inspire you in your life. ■





Speak UP #PINKSHIRTDAYNZ
**STAND TOGETHER
STOP BULLYING**
KŌRERO MAI, KŌRERO ATU, MAURI TŪ, MAURI ORA

FRIDAY 20 MAY 2022



 **Mental Health Foundation**
OF NEW ZEALAND
mauri tū, mauri ora

Pink Shirt Day 20 May

Speak up stand together stop bullying

Pink Shirt Day is about working together to stop bullying by celebrating diversity and promoting kindness and inclusiveness.

It's about creating a community where all people feel safe, valued and respected, regardless of gender identity, sexual orientation, age, ability, religion or cultural background.

On Friday 20 May 2022, we ask Aotearoa to Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora – Speak Up, Stand Together, Stop Bullying!

Celebrated annually around the globe, Pink Shirt Day began in Canada in 2007 when two students took a stand against homophobic bullying after a new student was harassed for wearing pink. We've been celebrating Pink Shirt Day in Aotearoa since 2009 and the campaign grows stronger and larger every year. Learn more about the meaning behind the Pink Shirt Day kaupapa here.

Pink Shirt Day is funded by your donations. By donating to Pink Shirt Day, you're supporting the

Mental Health Foundation to reduce bullying; through raising awareness about bullying prevention, funding education workshops and supplying thousands of free resources that promote inclusive workplaces, schools and communities.

Thanks to Pink Shirt Day donations we:

- Reach more than 2,000 schools and kura nationwide each year, providing them with free information, resources and classroom activities that help prevent bullying.
- Workshops throughout Aotearoa.
- Collaborate with communities, including rainbow, Māori and Pasifika, to strengthen and promote messages of inclusion.
- Engage with more than 5,000 workplaces each year, helping them create fairer, more welcoming and respectful environments.
- Continue to deliver free resources that celebrate diversity, spread kindness and prevent bullying in Aotearoa. ■





RESILIENT COMMUNITIES

– UPDATE –

BY MADISON O'DWYER, ANCAD

ANCAD convened a Steering Group to oversee the work and champion concerns and issues. The Steering Group is made up of neighbourhood representatives as well as organisational representatives from organisations with an emergency management or community development mandate.

On May 17th, ANCAD will be hosting an **Emergency Scenario Workshop** open to all community members from the Devonport-Takapuna local board area.

This workshop is a chance for community groups to brainstorm how they will respond in the event of severe weather, guided by facilitators from Auckland Emergency Management.

The details of the workshop are as follows:

Date: Tuesday, May 17th, 9 am – 12 pm

Venue: St Anne's Room of the Mary Thomas Centre, 3 Gibbons Road, Takapuna, Auckland

Morning tea will be provided.

If you'd like to attend this workshop, please RSVP to madison@ancad.org.nz by Thursday 12th of May and include any dietary requirements you may have.

Stay tuned for next month's update or visit our website if you'd like more information on the Resilient Communities Initiative – www.resilientaucklandnorth.org.nz



RESILIENTAUCKLANDNORTH.ORG.NZ



ANCAD's Funding Directory Auckland Region 2022

This is available for you to purchase in any of 3 ways from the ANCAD website at www.ancad.org.nz under the Publications tab . You have three options to select from:

1

PDF: \$25 for the pdf version (incl. GST).

2

PRINTED HARD COPY (80+ pages): \$44.50 (maximum that can be ordered is two) incl. postage and GST.
For bulk orders of hard copies (more than two) contact Susan directly at accounts@ancad.org.nz

3

COMBO: \$59.50 of one hard copy and the pdf (incl postage and gst).

NOTE: Dispatch of hard copies and pdfs will be within 5 working days of receipt of order.

BECOME AN ANCAD BOARD MEMBER

ANCAD invites you to consider an oversight role with Auckland North Community and Development (ANCAD) in becoming a member of the Board. ANCAD has been privileged to have the services of six current members and we are looking to add to those on the Board who wish to contribute their skills and strengths. Send your communications to Fiona Brennan, ANCAD General Manager. Email: fiona@ancad.org.nz



I N F O R M A O T E A R O A I N S P I R E

ANCAD's training programmes for community groups and the not-for-profit sector

The Auckland North Community and Development (ANCAD) Professional Development Programme (previously known as Five Good Ideas) is now known as **LiiFT AOTEAROA**.

LiiFT AOTEAROA seeks to both inform and inspire – that's why there are two 'i's in LiiFT.

ANCAD's vision is to see community and For Purpose (NFP) groups LiiFTED and strengthened through offering relevant and affordable capability-building courses, presented by top, professional consultants and facilitators, just as we have been doing for many years now, with the fantastic support of The Tindall Foundation.

The two 'i's in LiiFT also represent, in imagery, two stick figures and stand for people partnership and collaboration as key ways of fostering growth, harmony and resilience.

The remaining letters 'LFT' stand for 'Learning for Today' as we seek to respond to community need with relevant and timely courses as well as looking to the future in supplying the latest, helpful resource and training.

Our hope is that many will benefit and build on the good works they are already doing for the sake of community in Aotearoa.

For detailed information about course content go to the ANCAD Training website found here www.liift.nz



SIMON RITCHIE
TRAINING COORDINATOR

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(0800 4ANCAD)



I N F O R M A O T E A R O A I N S P I R E

**Outstanding, affordable professional development
for the NFP community**

www.LiiFT.nz

ANCAD's training programmes for community groups and the not-for-profit sector

ANCAD's Professional Development Programme for 2022

DATE	SESSION TOPIC	TIME	PRESENTER	LOCATION
February 11	Volunteer Management: Policies & Procedures for Volunteers	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
February 16	Difficult Conversations: Balancing Caring & Accountability	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
February 18	Essential First Aid	9:30 am to 2:00 pm	Sarah Thompson (First Aid First Ltd)	Mary Thomas Centre, Takapuna
February 25	Volunteer Management: Volunteer Retention	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Sandy Thompson (LEAD)	Zoom
March 4	Volunteer Management: Evaluating Your Volunteer Programme	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 10	Future-proofed funding: Move your NFP towards Sustainable Funding	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
March 16	Creating Effective Social Media Content	1pm to 2pm	Alecia Hancock (Hancock Creative)	Zoom
March 25	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Te Tuhi Centre, Pakuranga
March 31	Getting Back in the Driving Seat of your Life	10:00 am to 11:30 am	Maria Thorndyke (The Grief Centre/Hearts & Minds)	Zoom
April 6	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
April 13	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
May 4	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom

May 11	Practical Non-profit Strategy 1: How to really do more with less	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom
May 19	An Introduction to Digital Marketing for Small Not for Profits	10:00 am to 12 noon	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder) with Anissa Ljanta	Zoom
May 26	Practical Non-profit Strategy 11: How to develop strategies that make a difference in the real world	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom
June 2	Setting up a new organisation: Legal responsibilities and financial oversight	9:30 am to 3:00 pm	Carol Scholes (Overview Effect)	Waiheke Island
June 9	Collaborating in Community-Led Change	10:00 am to 12 noon	Kindra Douglas (Inspiring Communities)	Zoom
June 15	Getting Beyond Busy: Simple Strategies to Reduce Overwhelm and Boost Productivity	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
June 22	Partnering with Māori: How to practically apply Te Tiriti o Waitangi in your Leadership and Work	9:30 am to 12:30 pm	Hilary Star Foged (LEAD)	Mary Thomas Centre, Takapuna
June 29	Cultural Awareness and its Implications for Leadership	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom
July 6	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Garth Nowland-Foreman	Zoom
August 4	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 11	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 18	Funding Options for your Organisation: What now and what next?	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
August 25	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Mary Thomas Centre, Takapuna (TBC)
September 7	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
September 15	Other Fundraising Options: Donations, Bequests, Business Support & Events	10:00 am to 11:30 am	Stephanie Maitland (Maitland & Associates)	Zoom
September 23	Essential First Aid	9:30 am to 2:00 pm	Sarah Thompson (First Aid First Ltd)	Mary Thomas Centre, Takapuna
November 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	TBC	Zoom

Remaining sessions September to November 2022 to be confirmed at a later date. Further information and detail about the topic content and session costs will be made available in the Friday mailouts each week, including information on how to register. We look forward to presenting this high quality, affordable and exciting Programme in 2022 and welcome all from the For Purpose (NFP) community.





LiiFT Aotearoa sessions in April



BY SIMON RITCHIE, ANCAD

With the school holidays taking up half of the month we were still able to host two sessions on Zoom with one session having a focus on the subject matter of Governance and Management, with presenter Carol Scholes, who was able to clearly explain the differences with the respective roles and responsibilities of each. Those who attended this session commented how they appreciated the abundance of really practical and useful information there was. Further feedback praised the presenter's knowledge and enthusiasm and said she was both engaging and inspiring.

Following this session another was held to do with the subject matter of just how to be a great Board member, Chair, Treasurer and office holder. This drew registration from around 30 community people across a broad diversity of community sectors who really appreciated the presenter's very practical advice, teaching and tips. People commented that they had picked up lots of useful and practical ideas – even for those who had been on many Boards for many years said that they too picked up new things.

Training in the month of May will offer a range of very interesting topic matter in what will be another busy month for the LiiFT AOTEAROA Programme.

LiiFT

INFORM AOTEAROA INSPIRE



NSFVPN / CFG / YCS: Meeting dates 2022

North Shore Family Violence Prevention Network

The **North Shore Family Violence Prevention Network (FVPN)** is an open collaborative of individuals and agencies that advocate for Family Violence Prevention initiatives within the wider North Shore Community. Members represent both NGO and Government organizations.

MEETING DATES 2022

Dates continue on the first Thursday of the month:

5 May | 2 June | 7 July | 4 August | 1 September |
6 October | 3 November | 1 December

(NEW) Meeting Time: 1:00pm–2:00pm

Venue: TBC - Zoom OR Mary Thomas Centre, Takapuna (as per COVID Protective Framework settings).

Child Focus Group / Youth Cyber Safety

Child Focus Group (CFG) was formed in October 2010 with the overarching goal of strengthening the Auckland North community's ability to effectively support children who have been affected by family violence and prevent them from further abuse by enhancing existing systems, increasing community ownership and the service response wrapped around families and whanau.

MEETING DATES 2022 (combined Child Focus Group and Youth Cyber Safety)

Dates continue on the second Thursday of the month:

12 May | 9 June | 14 July | 11 August | 8 September |
13 October | 10 November | 8 December

(NEW) Meeting Time: 1:00–2:00pm

Venue: Zoom OR Mary Thomas Centre, Takapuna (as per COVID Protective Framework settings).

Look forward to seeing you then.



DEB HUMPHRIES
COORDINATOR

fvpnnns@gmail.com
021 0810 7516





Auckland Community Accounting welcomes requests

Auckland Community Accounting (ACA) welcomes requests for accounting assistance from NFPs for this free and confidential service.

This service is for Community groups including sporting, cultural and social service agencies and the service is provided by accountancy students from Massey University, supervised by Chartered Accountants.

Students will assist with your finances, help you understand the treasurers role and guide your organisation through the new annual reporting process.

They will also help you understand the financial responsibilities of a Board or Committee, point you in the direction of resources that can assist your organisation and help you work out how to utilise your accounting software more efficiently.

The students will gain valuable real life experience in the wonderful NFP sector and at the same time they will be giving back to the sector and developing a better understanding of the work of NFPs and the wonderful contribution volunteers make to the sector.

If you just want to find out more or want to sign up please email me at geoff@ancad.org.nz or give me a call on 021 054 6240 or 0800 426 223.



GEOFF ANDREWS
PROJECT MANAGER

geoff@ancad.org.nz
021 054 6240 | 0800 426 223



AUCKLAND COMMUNITY ACCOUNTING



Auckland Community Accounting



Auckland Community Accounting is a free service which offers support, advice or assistance on financial matters

Who is this service for?

Community groups, including sporting, cultural and social service agencies within the region, are able to access this service free of charge.

- ◇ Struggling with your charities finances?
- ◇ Need help understanding the treasurer's role?
- ◇ Having difficulty completing your annual return and performance report?
- ◇ Need help understanding the financial responsibilities of a Governance Board or Committee?
- ◇ Unsure what financial and non-financial resources are available to assist your charity?
- ◇ Experiencing difficulty working with your accounting software?

How does it work?

- ◇ Auckland Community Accounting provides community groups in the Auckland Region with **free and confidential** assistance on financial matters.
- ◇ Teams made up of senior accounting students provide assistance under the supervision of a Chartered Accountant.
- ◇ This provides accounting students with practical experience and encourages increased involvement in the local community sector.

What do you need to do?

Step 1

Register your organisation's interest in receiving assistance from Auckland Community Accounting.

Email geoff@ancad.org.nz

or phone **021 054 6240**

Step 2

Give some indication of the type of assistance your organisation is looking for.

Please note:

The matters on which students can advise will be limited to;

- ◇ Good practice and general accounting principles relevant to the not-for-profit sector
- ◇ Assisting with document completion/form filling where appropriate
- ◇ More detailed or complex queries will be referred to local Chartered Accountants.

This initiative is supported by the following organisations;

Auckland North Community and Development (ANCAD) |
Department of Internal Affairs | Massey University |
Foundation North | Auckland Council | Charities Services |
Chartered Accountants Australia and New Zealand | RSM

Auckland Community Accounting

Geoff Andrews

Project Manager

P: 0800 426 223

M: 021 054 6240

E: geoff@ancad.org.nz





Community Accounting Aotearoa



Community Accounting Aotearoa is a free service which offers support, advice or assistance on financial matters

How we can help

Community groups within New Zealand are able to access this service free of charge.

- ◇ Struggling with your charities finances?
- ◇ Need help understanding the treasurer's role?
- ◇ Having difficulty completing your annual return and performance report?
- ◇ Need help understanding the financial responsibilities of a Governance Board or Committee?
- ◇ Unsure what financial and non-financial resources are available to assist your charity?
- ◇ Experiencing difficulty working with your accounting software?

How does it work?

- ◇ **Community Accounting Aotearoa** provides community groups outside the main centres with free assistance on financial matters.
- ◇ Teams made up of senior accounting students will provide support using digital technology software such as Zoom and Adobe Connect.
- ◇ Community groups require only an internet connection and a computer with a camera.
- ◇ The students are supervised by volunteer Chartered Accountants.

What do you need to do?

Step 1

Email geoff@ancad.org.nz
or phone 021 054 6240

Step 2

Give some indication of the type of assistance your organisation is looking for.

Please note:

The matters on which students can advise will be limited to;

- ◇ Good practice and general accounting principles relevant to the not-for-profit sector.
- ◇ Assisting with document completion/form filling where appropriate.
- ◇ More detailed or complex queries will be referred to local Chartered Accountants.

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Community Accounting Aotearoa

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E: geoff@ancad.org.nz





COMMUNITY SHARED MEAL

Thursday 19th May
5.30pm until
7.30pm

Takapuna Methodist
Church
427 Lake Road,
Takapuna, Auckland



KAITAH community meals
aim to bring people together
through sharing a meal.
Please BYO plates and utensils

Everybody welcome!

For safe dining, please stay home if sick.



Kai 4 Communities





KNOW YOUR RIGHTS ZOOM WEBINARS APRIL – MAY 2022

We are pleased to be back delivering our free legal education sessions in our community, to our community. We are running weekly sessions until the end of June 2022. Please keep an eye out for our monthly flyers. Due to COVID-19, all sessions will be run via Zoom webinar.

Any questions or queries, please feel free to contact us on education@acic.org.nz or 09 302 5347.

Wednesday 06 April - Dealing with Debt
10am-11am

Disputing liability, debt enforcement,
debt recovery and bankruptcy

Wednesday 13 April - Immigration Law
11am-12pm

Section 61 requests

Wednesday 20 April - Family Law
10am-11am

Common family issues in the Covid-19 environment
Dispute resolution processes

Wednesday 27 April - Consumer Law
10am-11am

Rights and obligations under the
Consumer Guarantees Act 1993

Wednesday 04 May - The Disputes Tribunal
10am-11am

Disputes Tribunal 101

Wednesday 11 May - Employment Law
10am-11am

Employment law in the Covid-19 environment updates

Wednesday 18 May - Employment Law
10am-11am

The redundancy process

Wednesday 25 May - Tenancy Law
10am-11am

Changes to the Residential Tenancies Act 1986

FREE

LEARN HOW TO GROW YOUR OWN FOOD

FORTNIGHTLY ON WEDNESDAYS, 7-8.30PM VIA ZOOM



BACKYARD GARDENERS: 6 APRIL, 20 APRIL, 4 MAY

APARTMENT DWELLER GARDENERS: 13 APRIL, 27 APRIL, 11 MAY

FOR MORE DETAILS & TO REGISTER, VISIT WWW.TAKAPUNATRUST.ORG.NZ



TAKAPUNA NORTH
COMMUNITY TRUST

Devonport-Takapuna
Local Board



Rejoice in the Voice



Join Auckland music ensemble

The Three Mezzos Vocal Trio

in a celebration of vocal music featuring joyous
sacred items, folksongs and showstoppers from the stage.

Takapuna Methodist Church

Sunday 15 May 2022

4.00pm

427 Lake Road, Entry by programme, suggested donation \$25

Proceeds to organ refurbishment. All welcome.

On Sunday May 15th 2022, at 4.00 pm, the Three Mezzos Vocal Trio will entertain at Takapuna Methodist Church, in a programme entitled "Rejoice in the Voice."

The Three Mezzos Vocal Trio have been entertaining audiences, in Auckland and beyond, for over twenty-four years. They have toured widely, sung at festivals, presented concerts in churches, museums, galleries, and historic houses, sung regularly in the Public Library's lunchtime concerts, and given over ten spring recitals at Highwic House.

The three singers, all classically trained, delight their audiences with repertoire chosen from the music of six centuries. Their programmes range from solemn sacred music to lush folksong arrangements to show-stopping items from Broadway.

On May 15th their performance will include music by Georg Philipp Telemann, Gabriel Faure, Vaughan Williams, Howard Goodall and Henry Mancini.

Pianist Warwick Gibbs, as well as giving sterling support with his accompaniments, also provides variety with piano solos.

All music lovers are invited to attend and support this fund-raiser concert in the church's organ restoration concert series.

LEARN UKULELE!

BEGINNER UKULELE WORKSHOP SERIES

- * 4:00pm - 5:00pm on the
4th, 11th, 18th and 25th of May
- * Devonport Community House
- * **\$12 per workshop**
Attend as many of the workshops as
you like, but places are limited!

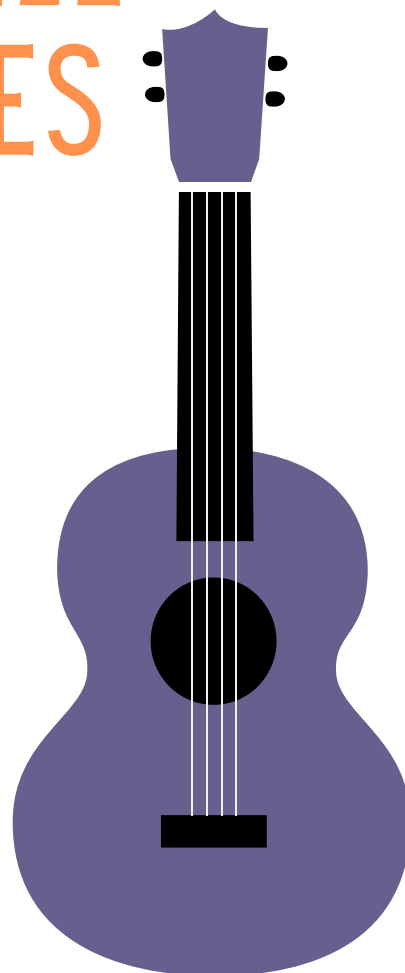
EMAIL US FOR INFO:

events@devonportcomhouse.co.nz

Auckland Council



DEVONPORT
COMMUNITY
HOUSE





FIRST SHOW 2022

Yasmina Reza's **God of Carnage** Directed by Kate Birch. 21 May – 4th June. A comedy of manners ... without the manners.



COMMUNITY

Te Ao Mātauranga – The World's Knowledge - starts late March. A Deeper understanding of the world through art and the journey towards Matariki.

8 sessions leading up to Matariki. Sundays 4pm at The Rose Centre. Cost \$80/ \$60 conc. Contact: Michelle hello@rosecentre.co.nz

Natanahira is a master carver, educator and storyteller who works in a range of mediums including carving, sculpture, illustration and digital art. He is a graduate of the New Zealand Māori Arts and Crafts Institute and holds a Bachelor of Māori Arts in whakairo from Te Wānanga o Aotearoa.

He has extensive experience managing sculpture symposiums and creating public sculptures around New Zealand. His passion for wood carving has spanned commissions, teaching adults and children and he is currently Lake House Art Centre's Resident Carver.

With fellow kaiako: Takutaimoana Watts and Lance Cablk.

LOCAL PLAYWRIGHTS SCRIPT DEVELOPMENT

Jimmy Carrick's play Hellansville is being workshopped for the September Fringe.

Local writers should contact manager@rosecentre.co.nz



Fundraiser Matinee

Sunday 22nd May , 2pm

Rose Theatre, Belmont.

To guarantee your place RSVP to

Mary on 0211475945 or email

hillmary@xtra.co.nz to reserve your

seat before 19th May, 2022

Price \$25 per person, afternoon tea
included.

**God of Carnage, by Yasmina Reza —winner of the Olivier Award for
Best Comedy and the Tony award for Best Play.**

What happens when two sets of parents meet up to deal with the unruly behaviour of their children? A calm and rational debate between grown-ups about the need to teach kids how to behave properly? Or much worse.



Korean Photography

The 10th Exhibition



30/Apr~13/May 2022

Mairangi Arts Centre

20 Hastings Road, Mairangi Bay

The Korean Photographers Association in New Zealand(KPANZ)is a photography club of Korean residents living in NZ. This is KPANZ`s 10th annual exhibition with 35 members showcasing more 70 images portraying the beauty of New Zealand and the life of its people.





Stress Management for Chronic Pain

Living with Chronic Pain can bring many challenges which can be stressful to navigate. This online Zoom group will focus on recognising the links between the brain, pain and stress. Topics include:

- Training the brain to reduce the severity and frequency of pain flare-ups, by paying attention in different ways to thoughts, emotions and behaviours.
- An introduction to specific skills to cope with pain and manage stress.

Please note that this group is designed to complement the support you are receiving from medical practitioners for physical pain, rather than replace it.

DATE	Every Thursday, 19th May to 21st July (10 sessions)
TIME	6:30pm-8:00pm
VENUE	Online (Zoom)
COST	\$95 (Free with referral)



ABOUT NICOLA DUNCAN
(B.A. Hons, Post Grad Dip CBT, MNZAC)

Nicola is a registered counsellor and has considerable experience in relationship counselling, loss, conflict, depression and anxiety. While she employs a number of modalities in her counselling practice, Nicola finds CBT in a group setting to be particularly helpful for those experiencing stress, anxiety, depression or low self-esteem.



For more information and registration, please contact
Hearts & Minds

PHONE 09 441 8989
E-MAIL learning@heartsandminds.org.nz
WEB www.heartsandminds.org.nz

FREE

**WITH A DOCTOR
OR HEALTH
PROFESSIONAL'S
REFERRAL**



The PumpHouse Masterclass Season for beginners, community theatre folk, and anyone wanting to refresh their craft. For more information visit: pumphouse.co.nz



The PumpHouse Theatre
Masterclass Season

CHARACTER WORKSHOP
WITH MEG ANDREWS

SUN 15 MAY 11AM - 5PM
EXPLORE THE CHARACTER-BUILDING PROCESS FOR THEATRE
BOOK AT WWW.PUMPHOUSE.CO.NZ

The PumpHouse Theatre Presents
Character Workshop
with Meg Andrews



WE ARE HIRING

Part time role – school hours and no work during school holidays.


Come and make a difference in your community.

North Shore CMA is a not for profit organisation who provide fun and morning activities for isolated older people on the North Shore and Hibiscus Coast.

We are seeking a community minded person to take responsibility of the Stanmore Bay and Albany centres - **commencing asap term 2, 2022**. This is a paid 20hrs p/w position with the centres operating on a Tuesday and Thursday mornings. This position is for 40 weeks of the year during school terms with no work during school holidays so may suit a parent with school children.

You will lead a team of volunteers to run an activity programme for the members of the centre. The successful applicant will have empathy for older people, proven organisational experience and be familiar with the Microsoft Office suite. Some lifting of equipment for setup will be required. An advantage will be experience working with volunteers but this is not essential. You must have a creative mind to deliver a strong and varied program, be able to work unsupervised and be responsive to deadlines. Strong community networks in the area would be an advantage. Excellent verbal and written communication skills are required.

To apply for this position or for a detailed job description, email Rachel@cmans.org.nz with your CV and cover letter.



**Community Worker/
Social Worker Wanted**

*To apply, submit your CV and Cover letter to:
admin@depaulhouse.org.nz
For full details, visit: depaulhouse.org.nz/work-with-us*

About the Role

- Work alongside families in our residential and outreach community focussing on a sustainable housing solution.
- Network with relevant agencies and resources in the community to support struggling families and increase their support systems.

What You will bring

- Ideally, you will have some experience in the community/social work sector, but if not, we would still love to hear from you if this is a career you want to pursue and you have the right 'can-do' attitude.

About Us

- A great team culture
- The opportunity to assist with transformative change in whānau
- Ongoing training, development, and peer support
- A competitive salary
- The opportunity to work closer to home if based on the North Shore

Citizens Advice Bureau



Ngā Pou Whakawhirinaki o Aotearoa

Discover your rights Tūhuratia ō motika

What are
my rights?

How can I solve
my problem?

Who can help me?

Is that legal?

What are
my options?



Not sure?
ASK US.

Kāore i te mārama?
Pātai mai.

CAB North Shore:

Birkenhead, Browns Bay, Glenfield,
Hibiscus Coast, Northcote & Takapuna

0800 367 222

www.cab.org.nz

What are legal ages for things like drinking and getting married?

Many activities have legal ages (the minimum age a person can legally do something), (<https://www.cab.org.nz/article/KB00001126>), eg:

- Start/leave school
- Be charged with a crime
- Be left home alone
- Get a tattoo
- Buy/drink/sell alcohol
- Start work
- Babysit children
- Drive a car
- Hold a firearm licence
- Leave home
- Apply for an adult passport
- Join the defence force/police
- Legally consent to sex
- Stop receiving free dental care
- Be called in for jury duty
- Change your name
- Vote
- Adopt a child
- Get married
- Start a business
- Reach the age of majority and have all the rights and responsibilities of an adult...



No matter what your age is, the CAB is here to help with free, independent information and advice. Feel free to contact any of the North Shore branches for more info. Not sure? Ask us.

www.cab.org.nz | 0800 367 222

Citizens Advice Bureau
NORTH SHORE:
 Birkenhead | Browns Bay | Glenfield
 Hibiscus Coast | Northcote | Takapuna
0800 367 222 | www.cab.org.nz

Birkenhead 09 418 0032, birkenhead@cab.org.nz
 Browns Bay 09 479 2222, brownsbay@cab.org.nz
 Glenfield 09 444 9451, glenfield@cab.org.nz

Hibiscus Coast 09 426 5338, hibiscuscoast@cab.org.nz
 Northcote 09 480 2971, northcote@cab.org.nz
 Takapuna 09 486 3139, takapuna@cab.org.nz

Available Mon-Fri 9am-3pm. Branch operating hours may vary

English for Employees

Need help with English at work?



For people with a job



Communicate well at work



Understand Kiwi workplace culture



Reading, writing and numeracy for work



**Learn workplace vocabulary - general and specialized.
Understand Kiwi workplace culture.
Small classes.
Limited places.**



English Language Partners North Shore
424 Lake Road, Takapuna, North Shore, Auckland
Phone 09 489 2078
Email northshore@englishlanguage.org.nz
www.englishlanguage.org.nz

*Free for NZ resident visa holders and citizens.

North Shore **BUDGET SERVICE**

Building Financial Capability

Free one-to-one confidential budgeting advice to help you budget and manage finances. We help with:

- Advocacy
- Debt collectors
- IRD debt
- Work & Income issues
- Restructuring of debt
- Summary Instalment Orders & NAP to avoid bankruptcy
- Fines

Start by calling us on 09 486 6206

0800 283 238 | 0800 BUDADVICE

www.nsbudget.co.nz



WE ARE LOOKING FOR VOLUNTEERS!

Do you have what it takes to be a financial mentor?

Come and join our next training (6 days) starting in May.

For more information, please contact Manager, Drew Glucina, drew@nsbudget.co.nz

Please note full screening is required for this role.

Heartbeats

Cardiac Survivors Support Group



We're there for all heart event survivors, their families and broader whanau.

It's all about finding the right information, belonging to a community of shared experience and realizing that you are not alone on the journey.

It's free, and we have professional guest speakers for some meetings.

Meetings are the first Thursday of each month at Mary Thomas Centre, Takapuna from 10:00 – 11:00am.

Find us on Facebook at <http://bit.ly/HeartbeatsFB>

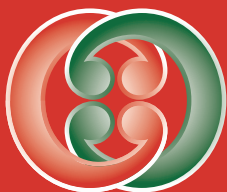


Mairangi Arts Centre offers an extensive range of fun yet educational classes in painting, drawing, clay and mixed media. The programme caters for budding young artists aged 5–14 years old and, unless otherwise stated, all materials are included.

Visit www.mairangiarts.co.nz for more information and the convenience of online booking.



Sign up to receive our weekly e-news



We hope that you have subscribed to our weekly email newsletter – **Community Pulse** – but if not, you can do so by entering your email address on our website.

Or you can email us:
info@ancad.org.nz;
Phone: 0800 426 223
(0800 4ANCAD)

www.ancad.org.nz



INFORM AOTEAROA INSPIRE

For weekly e-news updates about ANCAD's outstanding, affordable professional development training for the NFP community please sign up on our training website www.LiiFT.nz.

Or you can email us:
info@ancad.org.nz;
Phone: 0800 426 223
(0800 4ANCAD)

www.LiiFT.nz



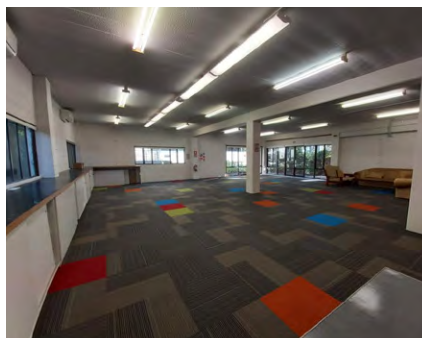
Venue Hire

ANCAD facilitates the hiring of three meeting spaces within the Mary Thomas Centre in Takapuna. Please contact us for more information.



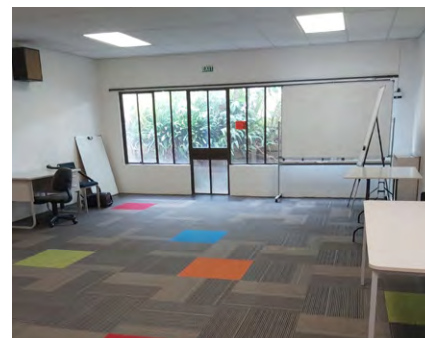
CHANNEL VIEW LOUNGE

- Capacity 80 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$50 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$25 + GST per hour (up to 4 hours).
- Kitchen \$15 + GST one off charge.



ST ANNE'S ROOM

- Capacity 60–80 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$50 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$25 + GST per hour (up to 4 hours).
- There is a kitchenette in the St Anne's Room.



WYN WILLIAMS ROOM

- Capacity 20–30 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$36 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$18 + GST per hour (up to 4 hours).

FOR MORE INFORMATION:

Mary Thomas Centre | 3 Gibbons Rd, Takapuna, Auckland
Channel View Lounge: accounts@ancad.org.nz | 022 095 3462
St Anne's Room and Wyn Williams Room: hub@ancad.org.nz | 0800 426 223

Takapuna Community hub
Kotahitanga



AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT
Te Runanga Ratoranga Hapori o Te Raki-Pae-Whenua



ANCAD thanks our valued funders for their support!



Resilient Safer Connected Communities



auckland north community
and development

Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua

ancad.org.nz