

Community Connections

The official magazine of Auckland North Community and Development

Auckland
elections

The Incorporated
Societies Act 2022

In partnership
with mana whenua

ANCAD's
48th AGM

July 2022

The cost of
living issue:
Financial
wellbeing

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ANCAD – 0800 426 223 (0800 4ANCAD) – info@ancad.org.nz – Mary Thomas Centre, 3 Gibbons Road, Takapuna, Auckland 0622

Kia ora Hello Nǐ hǎo Bula Namaste Talofa Mālō e lelei Kamusta

Haere mai



FIONA BRENNAN

General Manager, ANCAD
fiona@ancad.org.nz
0800 426 223
(0800 4ANCAD)

It is a pleasure to bring you this edition of the Community Connection magazine. At a time of increasing costs for New Zealanders, we invite you to take a look at some of the articles inside that offer useful tips and advice for individuals and community.

For organisations feeling the crunch when it comes to funding, we recommend attending our Auckland Region Community Funding Fair on the 3rd August (on Zoom) – back for the second time this year with new speakers and new funding organisations. Join in. You might discover some new ideas or opportunities you had not previously considered.

I would like to highlight the changes in the Incorporated Societies Act 2022 and let you know that ANCAD has a one-hour session on Zoom on the 7 July, where you can find out more about what these changes mean for your organisation.

We warmly invite you to attend our ANCAD AGM, an opportunity to meet with our community organisations and partners. We are hosting this over a lunchtime period with light refreshments and will be hearing

from Jan Rutledge QSM of De Paul House, who will be speaking about the community housing sector and their work in transitional housing on the North Shore. This will be followed by our Annual General Meeting.

ANCAD is on the lookout for new Board members, so if you would like to contribute to the governance of our organisation as a Board member, treasurer, or secretary, please get in touch with me for a chat.

We have a small, but dedicated staff team at ANCAD and at the time of writing, we are recruiting for a Community Development Coordinator. We are looking forward to meeting with candidates and making an appointment in the coming weeks.

This month is also a great time to update or renew your membership with ANCAD. For more information and for our current membership benefits, please contact us or check out the information on our website. ●

Ngā mihi
Fiona Brennan



Special notices

Become an ANCAD Board Member

ANCAD invites you to consider an oversight role with Auckland North Community and Development (ANCAD) in becoming a member of the Board. ANCAD has been privileged to have the services of six current members and we are looking to add to those on the Board who wish to contribute their skills and strengths.

For further information and to show your interest contact Fiona Brennan, ANCAD General Manager.
Email: fiona@ancad.org.nz



Come work with us. ANCAD has a new position available!

Community Development Coordinator/ Hub activator

Part time position 25 – 30 hours per week.

Location: Mary Thomas Centre, 3 Gibbons Road, Takapuna

Salary Range: Dependent on experience

Applications Close: 10 July 2022

To enable community-led initiatives through engagement with North Shore and Auckland North communities and activate the Community Hub at the Mary Thomas Centre in Takapuna.

Application with CV and covering letter to the ANCAD General Manager: fiona@ancad.org.nz. A full position description is available on request. Learn more about this role on the ANCAD website here under NEWS <https://ancad.org.nz/we-are-hiring/>

Meet Your Local Candidates

Kia tūtaki ki ō kaiwhai pōti i tō rohe pātata

WATCH THIS SPACE! | 1 September 2022 | Mary Thomas Centre, Takapuna

Meet and hear from candidates. Know the candidates' positions on the issues that affect our city and daily lives. Make well-informed decisions when voting in this year's local elections.

Head to the ANCAD website for further information and to register in due course.



Special notices



AUCKLAND NORTH COMMUNITY AND DEVELOPMENT INC.

48TH ANNUAL GENERAL MEETING

Wednesday 27 July 2022
12:30pm to 2:00pm
Channel View Lounge, Mary Thomas Centre
3 Gibbons Road, Takapuna, Auckland
Cost: Free
To register, go to the ANCAD website, under EVENTS

Come along and hear from ANCAD's Chairperson, General Manager and others about ANCAD's past, present and future work.

www.ancad.org.nz



**AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT**
Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua



CHECK OUT OUR ANCAD MEMBERSHIP BENEFITS

- 15% off LiiFT training programmes
- 10% off venue hire
- Priority access to ACA programme
- 1 hour free capability and capacity consultation
- 15% off Funding Directory
- Promotion of your organisation

Special notices

FREE

AUCKLAND REGION COMMUNITY FUNDING FAIR

Wednesday 3 August 2022 | 10 am – 12 noon | Online via Zoom

Hosted by Auckland North Community and Development.

ANCAD's FREE BIG AUCKLAND REGION COMMUNITY FUNDING FAIR for this year was such a success in March that we have decided to hold another one in August! Version 2. With all new speakers and funders.

Do you apply for grants? Are you in need of funding? Then you need to attend ANCAD's Auckland Community Funding Fair V2 where we bring the funders to you! It will be online this year due to COVID restrictions which opens it up to a lot more to attend.

Hear directly from the funders (a good few of them at least)! This session is ideal for: Anyone seeking funding for their organisation or is involved with an organisation that needs to seek funding. Link to the Zoom webinar will be sent out after registration and closer to the event. You can register now on ANCAD's website page under EVENTS.



**AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT**
Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua

Increased cost of living inching towards 'crisis' as Kiwis pay hundreds more for basic items this year



The cost of living is increasing at a record rate. We can all feel it in our pockets, but exactly how much extra are Kiwis spending on just the basics, like food, petrol, rent, and mortgages?

The answer is between \$4000 and \$5000 in the past 12 months.

It's usually the checkout and the petrol pump where you first notice the price rise pain.

On average, it's costing \$364 more a year at the checkout but it gets nastier at the pump - an extra \$678 a year.

But it's housing costs that are the real wallet killer. Rents went up \$2600 for the year, and for a first-home owner, mortgage costs hiked \$3952 a year.

So add it all together and the cost of living is racing away. Renters last year shelled out an extra \$3763 and first-home owners a massive \$5115.

"For a lot of households, it looks like they are paying between \$70 and \$100 more a week just for core staples," says economist Brad Olsen.

Charnae Pyke, who is a solo beneficiary mum of four, knows the pocket pain. For her, every cent counts.

"It leaves nothing at the end of the week and it's been quite severe."

She also helps out. Her Facebook page coordinates donations of school uniforms and stationery packs - but she can't really afford to deliver them.

"I put \$20 a week in my car and howev-

er far that gets me, that's how it is for the week," Pyke says.

In an average car, \$20 will take you 40 kilometres less than it did a year ago.

With petrol costing hundreds of dollars more this year, the price of food is also going up. Meat costs an extra \$46 a year and vegetables are up \$91.

Part-time cleaner Lulu Low is feeling it. She can't afford to fill her car up and struggles with essentials.

"Just the basic necessities like toilet paper. You're looking at it and going wow, it's gone up another dollar," she says.

But it's housing where costs are hitting hard.

It might be okay if wages were rising at the same rate as the cost of food, housing, and other necessities, but they didn't last year.

The average rise for a 40-hour week was \$50 a week or \$2500 a year before tax.

There's some help for people like Low. The minimum wage is rising by 6 percent - the current rate of inflation - but Brad Olsen warns the costs will keep rising.

"It's harder and harder to put food on the table and keep a roof over your head. We are getting close to a crisis," he says.

And Low knows that existence all too well.

"It is a struggle and that's real life not just for me but for a lot of cleaners around New Zealand." ●

Written by Simon
Shepherd, Newshub

The Cost of Living and Financial Wellbeing

By Tanya Gouw

Manager, Citizens Advice
Bureau Hibiscus Coast Te Pou
Whakawhirinaki o Aotearoa

*2,000 clients helped
by North Shore CAB in
the past two years*

CAB – your first port of call for free info and advice on ANYTHING!

The CAB is a place people can turn to for information and advice on just about any topic under the sun. From 'Can a ship's captain marry us if we want to get married while on board a ship?' to 'Where do I turn to next now that my partner has kicked me out?'.

Now, in our third year of facing the COVID-19 pandemic, the CAB, more than ever, has proven its worth in helping clients navigate their way through many trying issues.

The North Shore CAB's have assisted approximately 2000 clients facing financial difficulties and associated issues during the two years since COVID-19 restrictions were implemented in Aotearoa (as well as many other clients seeking help for other things). This is just a few hundred less than the number of clients helped during the same amount of time before COVID-19 restrictions.

Our services were impacted by not being able to offer face-to-face services for a time. However, our 0800 367 222 number, our online chat at www.cab.org.nz and local bureau's answering calls and emails, ensured people were still able to get the information, advice and support they needed. We are so happy to be able to see clients face-to-face in our local bureau offices once again!

We know it has been a difficult time for so many people. Clients have been feeling isolated from family and friends, stressed in workplaces, concerned by health issues, and burdened with financial strains, all caused by the impact of COVID-19.

When clients are facing financial difficulties, we are helping them with budgeting and debt management, discovering benefit entitlements and connecting them with support services such as counselling, accommodation providers, and foodbanks.

Here are some examples of clients who have come to see us and the types of information and advice we have been able to offer.



CLIENT STORIES (ANONYMOUS):

The client needs to know what financial support they are entitled to. The client has a permanent injury due to an accident. Since they have started studying, their ACC allowance has been reduced. We were able to help the client understand the ACC dispute resolution process so that they could have their situation reviewed. We also suggested they contact a beneficiary advocate to confirm their entitlements.

The client has not been able to do their usual work as a contractor due to the COVID-19 regulations. As a result, she now has no food, no money for petrol for her car, and no longer has access to the internet. We worked with the client to fill in the wage subsidy application form online and arranged for a food parcel to be delivered from a local foodbank.

The client's over-spending has landed them in financial strife. How can they get back on track without having to file for bankruptcy? We suggested that they consult with a budgeter or financial mentor to assess their situation and bring some control back into their financial situation. We provided the contact details of the many free community organisations offering this support.

The Cost of Living and Financial Wellbeing

Debt is out of control when you are unable to meet debt repayments and also pay your day-to-day expenses, eg. rent, groceries, transport, power.

Try to avoid getting into debt in the first place, eg. consider whether you really need to borrow money to buy whatever it is, or could you perhaps save up for it instead?

Lenders and credit providers have the responsibility to follow strict guidelines to avoid starting a loan or other credit contract that the borrower cannot comfortably repay.

To keep track of one's financial position, it's a good idea to put together a budget listing total income and expenses. Be sure to make debt repayments in full and on time.

For advice on managing one's money efficiently, contact the CAB for free, confidential information and support. Not sure? Ask us.

- CAB North Shore
www.cab.org.nz; 0800 367 222
 - Birkenhead - 09 418 0032
birkenhead@cab.org.nz
 - Browns Bay - 09 479 2222
brownsbay@cab.org.nz
 - Glenfield - 09 444 9451
glenfield@cab.org.nz
 - Hibiscus Coast - 09 426 5338
hibiscuscoast@cab.org.nz
 - Northcote - 09 480 2971
northcote@cab.org.nz
 - Takapuna - 09 486 3139
takapuna@cab.org.nz
- #NotSureAskUs #KnowYourRights ●

Not sure?
ASK US.

Citizens Advice Bureau

Nga Pou Whakawhirinaki o Aotearoa





Make your money go further with these 7 tips

Source: Tom Hartmann, sorted.org.nz

How best to cope with rising prices everywhere? In the past 12 months, rising inflation has hit us all, whether it be at the pump, the supermarket checkout or housing costs – \$4000 to \$5000 more on average. That's \$364 more a year on food alone.

Is this a crisis? It all depends on our ability to adapt – whether we can redirect those dollars we're budgeting, and how much of a buffer we have. If we resort to living on the credit card or depending on Buy Now, Pay Later for everyday expenses, that's crisis borrowing and things will get worse for us.

It's definitely a worry, as the FSC's latest resilience results show: most of us are

either somewhat concerned (37.3%) or very concerned (42.2%) about inflation.

This all sounds a bit like that old boiling frog story where the temperature of the water creeps up gradually on us. Suddenly here we are. Let's do something about it.

1 CRUNCH YOUR BUDGET, THEN REWORK IT

The good news is, capturing everything you spend money on is easier than ever, as it's typically online at your fingertips. That makes it simple to chart your incomings and outgoings using our budgeting tool found here <https://bit.ly/3lcodxR>

Think of a budget as a plan for your money – it's important that we adjust our plan to fit our new world of inflation. Sometimes budgeting just ends us up doing more of the same, but now is the time to rework your plan so it fits. What categories will you need more money for?

2 GET DOWN TO ESSENTIALS (BUT KEEP A FEW LUXURIES THAT MAKE YOU HAPPY!)

If you had to bring your spending back to bare bones, what stays, what goes? We'll have to keep things like housing, bills and food of course but are there extras you can get rid of? As

you Marie Kondo your non-essentials, keep your spending as happy as it can be. Rate your expenses on the emotional return they give you, from 'terrible' to 'utmost happiness'. You can walk away from anything that leaves you indifferent or worse.

3 COMPARE AND SWITCH AS SOON AS IT MAKES CENTS

Whether it's power, mobile, broadband, insurance, loans or KiwiSaver funds – it's time to take advantage of all the information out there, compare and get the best deals. And as soon as you've found something that trims your costs, go for it.

Here are some costs worth shopping around for:

- Power
- Mobile plans
- Broadband
- Car and contents insurance
- Mortgages
- Income protection insurance
- Car loans
- Personal loans
- KiwiSaver funds

Here are some key comparison sites to know about:

- Powerswitch (power, gas)
- Switchme (power)
- MoneyHub (mobile plans, life insurance, car loans, car insurance)
- Glimp (broadband, car loans)
- NZ Compare (broadband)
- Interest.co.nz (credit cards, mortgages, personal loans)
- Finder (personal loans)
- Consumer (house and contents insurance)
- Lifedirect (insurance: life, trauma, health, income, mortgage)
- Compareincomeprotection.co.nz (income protection)
- Sorted (KiwiSaver)

4 PLAN AHEAD EVEN MORE

We're at the time of year when we can see some price spikes on the horizon – particularly power. How best to plan ahead for when power doubles in price per kilowatt hour? And what else is around the corner this year? Setting aside \$20 a week into an emergency fund can help smooth out any thin times ahead when prices take us by surprise.

5 KNOW THE DIFFERENCE BETWEEN ICE CREAM AND BUTTER

A common tip for saving money is bulk-buying when a product is on special. But that doesn't always work out the way we want.

With some things, like butter, we don't use more just because we buy more. We usually consume it at the same pace,

no matter how much is at home. So, stocking up when it's on sale is fine. Coffee and tea are like that too.

But with other things, like ice cream or snacks, the more we buy, the more we end up eating! So, to save on these types of things (think alcohol, for example) it pays to have less of them around the house.

6 LASER-SHARP FOCUS YOUR SHOPPING

You may find that grocery shopping online works better for you, or other tricks like avoiding heading to the store when you're hungry or not having the kids in tow (bringing them into an environment where shelves of products seem to scream "buy me!" isn't great.) You'll want to be shopping around, taking advantage of teaser rates and working to your list (not someone else's).

Look for opportunities to substitute, like a cheaper brand or alternate product that will do us just fine – swapping out butter for margarine, is an easy money-saver.

7 CLAW BACK WHAT YOU'RE PAYING IN INTEREST

If you're carrying high-interest debt from credit cards or store cards, which can be as high as 25% just in interest, all that borrowing is costing you a fair bit. By prioritising repayments, you can free up money in your budget to meet your other rising costs.

If you're struggling with debt because of rising costs and need some personalised help, you can live chat with the Money Talks. ●



Start with a blank piece of paper: In partnership with mana whenua



Hilary Star Foged (LEAD) writing of her own learning and experience from engaging with mana whenua.

"Start with a blank piece of paper."

This is one of the most challenging statements and yet profound requests I have heard from mana whenua when I was on Aotea, Great Barrier Island last year at a workshop, coordinated by ANCAD, where the local community met to talk about Te Tiriti partnership in action.

"When you come to us, please come with a blank piece of paper."

This request was challenging be-

cause this is not the way we Pākehā tend to work. We mostly seek affirmation of our plans and objectives when they are well down the track and want mana whenua to support our intentions, especially if there is a requirement from funders to engage with iwi in support of project planning and funding.

To start genuinely with a blank piece of paper is a significant contribution to engagement in partnership with mana whenua; to begin from the beginning

and to work out why and what and how, together. We have few examples of this being the experience for mana whenua and ourselves and so it is difficult for us to envisage what this really looks like in practice, but there are some significant key aspects to understand.

Firstly, and most importantly, is that this engagement needs to be relationship-based. Not just an instant meeting but building relationship over time so that trust and understanding have time to grow.

Who is mana whenua? The indigenous people (Māori) who have historic and territorial rights over the land. It is important to ensure we are approaching and building relationship with the appropriate people. That is building relationships with mana whenua from a place of deep respect, openness to learning and with an authentic desire to find a mutual way forward. Mana whenua have knowledge and insights that we as Pākehā can greatly learn from and to inform whatever decisions are to be made together.

The second significant aspect is that it takes time. Time that we often feel we don't have, as we act in response, for example, to requirements from funding and maybe needing to report back to funders within set timeframes.

Another key aspect is resourcing. Often the scale of what is needed is under-resourced and very often budgeting for consulting with and working alongside mana whenua is not included. Resourcing that provides for the time and wisdom from mana whenua.

I experience 'starting with a blank piece of paper' not only challenging but a genuine invitation to robust conversation that leads to deeper understanding of each other and a strong foundation to work out what is needed and what is possible.

What does this ask of us? Firstly, to recognise and acknowledge the depth of how the dominant culture in Aotearoa has been informed and impacted by colonisation. Then, to be informed about our history as a nation which continues to play out in how we do things. Next, to honestly acknowledge how our country's systems, processes, law, health, education, etc., have all been strongly founded and organised from a foundation of colonisation, where western perspective and values have often resulted in damaging harm to Māori communities, where they have experienced disproportionate poverty, alienation, inequality and imbalance.

It takes intentional action to change this power imbalance and asks us to enter into engagement with mana whenua, without preconceived and fixed ideas about how we consult, discuss and come to decisions together. It may mean some of the processes and current ways of doing things need to change to enable a true partnership going forward to be possible.

Having a 'blank piece of paper' calls for an openness to the wisdom and perceptions of mana whenua about what is needed and how it will come into being. There are projects and communities where there is now an openness to growing understanding of how this all works in practice, but for many of us, it is hard to conceive what true equity and partnership when engaging with mana whenua really looks like, without having experienced it.

I have found a genuine approach to learn, to engage honestly and authentically has been met in the most part by a generous spirit towards building relationship. For me, it has been a humbling and deeply learning experience to be in the generous space, making mistakes and working with tikanga guiding our conversations, our behaviours, and setting goals for change that will benefit everyone.

When we recognise and acknowledge our different 'paddles' and 'paddling styles,' and work out how we will develop a shared direction and vision, the waka or canoe then has greater potential for following an agreed path to a destination that has been envisaged together.

As so beautifully expressed in this whakatauki,

Kaua e rangiruatia te hāpai o te hoe; e kore tō tātou waka e ū ki uta.

Do not lift the paddle out of unison or our canoe will never reach the shore.

Here are some links to explore more fully these concepts and how to engage with mana whenua:
bit.ly/manawhenua1
bit.ly/manawhenua2
bit.ly/manawhenua3
bit.ly/manawhenua4
bit.ly/manawhenua5 ●



5 things charities need to know about the new Incorporated Societies Act

Source: Charities Services | Published: 2 June 2022

There are about 24,000 incorporated societies in New Zealand and about 7000 of those are registered as charities. Incorporated societies are democratic groups, and like charities, some are large businesses like organisations and some are small sporting clubs. The Incorporated Societies Act 2022 updates a piece of legislation over 100 years old and quite a lot has changed.

The Companies Office, which is part of the Ministry of Business, Innovation and Employment (MBIE) administers the Incorporated Societies Register. Over the next few months, we'll be working with them on education materials to help incorporated societies make the transition to the new Act.

There are some things incorporated societies should be thinking about now.

FIND OUT IF YOU ARE AN INCORPORATED SOCIETY

You need to know if you are an incorporated society. We are aware not every group knows about its legal structure. Search the Incorporated Societies Register to see if you are incorporated. It's a good time to check that your constitution or rules are the same on the Incorporated Societies Register and the Charities Register.

WHAT ARE THE CHANGES ABOUT?

The changes make incorporated societies' structures and processes more

robust, help societies govern themselves and give societies and members more options when things go wrong. In practice, this means you'll probably need to rewrite your constitution to add the additional requirements of the new Act.

IMPORTANT TIMINGS

The Act will come into force in stages over four years, so there is no rush. However, now is a good time to look at your constitution or rules and start thinking about what will need to change. The Constitution Builder tool (found on the Charities Services website) lets you build a draft constitution to meet the requirements of the new legislation. It will be updated to reflect the law changes by the time societies are allowed to start re-registering next year.

RE-REGISTRATION REQUIREMENT

All incorporated societies will need to re-register (from approximately October 2023 to April 2026). When they re-register, they come under the new Act.

From approximately October 2023, all new incorporated societies will need to register under the new Act, but until that time, they register under the old Act.

REPORTING STANDARDS WILL APPLY

Once the new Act kicks in, reporting standards (that already apply to charities) will apply to larger incorporated societies. This isn't going to change your responsibilities if you're already a registered charity. ●



LIFT
INFORM ADAPT INSPIRE

ANCAD TRAINING | ZOOM SESSION

THE INCORPORATED SOCIETIES ACT 2022

WHAT YOU SHOULD KNOW

Presenter: Carol Scholes, Overview Effect
Thursday 7 July 2022 | 10 am to 11 am
Cost: \$25 | Zoom
For more info: simon@ancad.org.nz

www.LiIFT.nz

Auckland Local Elections 2022

Ngā pōti ā-rohe o Tāmaki Makaurau 2022

Source: voteauckland.co.nz
(Auckland Council)

NOMINATIONS AND TIMELINE

Nominations open	Friday 15 July 2022
Nominations close	noon, Friday 12 August 2022
Delivery of voting documents	from Friday 16 September 2022
Appointment of scrutineers	by noon, Friday 7 October 2022
Removal of election signs	by midnight, Friday 7 October 2022
Close of voting	noon, Saturday 8 October 2022
Progress results available	as soon as practicable after close of voting, Saturday 8 October 2022
Preliminary results available	Sunday 9 October 2022
Official declaration	Thursday 13 October 2022
Return of electoral donations and expenses form	by Friday 9 December 2022





Auckland Council has two complementary decision-making parts:

- the mayor and 20 councillors elected from across the region (the governing body) make region-wide decisions; and
- the local boards make decisions on local activities and facilities, and provide leadership to build stronger local communities.

They also provide input into region-wide strategies and plans.

For electoral purposes, there are:

- 13 wards (with 20 governing body members elected from the wards); and

Ward	Councillors
Rodney	1
Albany	2
North Shore	2
Waitākere	2
Waitematā and Gulf	1
Whau	1
Albert-Eden-Puketāpapa	2
Ōrākei	1
Maungakiekie-Tāmaki	1
Howick	2
Manukau	2
Manurewa-Papakura	2
Franklin	1

- 21 local boards (with 149 members elected to the local boards).

Local board	Members
Albert-Eden	8
Owairaka Subdivision	4
Maungawhau Subdivision	4
Puketāpapa	6
Ōrākei	7
Maungakiekie-Tāmaki	7
Maungakiekie Subdivision	3
Tāmaki Subdivision	4
Howick	9
Pakuranga Subdivision	3
Howick Subdivision	3
Botany Subdivision	3
Māngere-Ōtāhuhu	7
Ōtara-Papatoetoe	7
Papatoetoe Subdivision	4
Ōtara Subdivision	3
Manurewa	8
Papakura	6

Local board	Members
Franklin	9
Waiuku Subdivision	2
Pukekohe Subdivision	4
Wairoa Subdivision	3
Rodney	9
Wellsford Subdivision	1
Warkworth Subdivision	3
Kumeū Subdivision	4
Dairy Flat Subdivision	1
Hibiscus and Bays	8
Hibiscus Coast Subdivision	4
East Coast Bays Subdivision	4
Upper Harbour	6
Kaipātiki	8
Devonport-Takapuna	6
Henderson-Massey	8
Waitākere Ranges	6
Aotea/Great Barrier	5
Waiheke	5
Waitematā	7
Whau	7

There are two electoral systems used for local government elections.

These are:

- First Past the Post (FPP)
- Single Transferable Voting (STV).

All local government organisations holding elections within the Auckland area use the FPP electoral system. Those organisations are:

- Auckland Council
- Birkenhead Licensing Trust
- Mt Wellington Licensing Trust
- Portage Licensing Trust
- Waitakere Licensing Trust
- Wiri Licensing Trust.

PROGRESS RESULTS

- The counting of votes will commence from noon, Saturday 8 October 2022 at the electoral office, Level 2, 198 Federal Street, Auckland Central, 1010
- As soon as practicable following the close of voting, progress results will be made available. Progress results are likely to reflect approximately 92% of the votes cast, and once all sealed ballot boxes have been returned from the libraries, service centres and supermarkets, these will be processed and form the preliminary results.
- Progress results will be available from approximately 2pm on election day.

FINAL RESULTS

Once all special votes have been validated by the Electoral Commission, a final result is able to be announced. This is expected late afternoon on Thursday 13 October 2022. ●

Resilient communities

UPDATE: JUNE 2022



Top Tips for Keeping Your Pets Safe in an Emergency

By Madison O'Dwyer ANCAD

Like many pets, my elderly dogs were absolutely delighted with my constant presence at home during the Covid-19 lockdowns. However, petfood shortages and the temporary closure of our veterinary clinic were big sources of anxiety for me. For all the gloves, masks and water we had stored in our emergency kit, we forgot to plan for the dogs!

Here are the five top tips to plan for your pets in an emergency:

- 1 Make sure your emergency supplies include enough water, food, medications and sanitary items (poo bags, pet litter, etc) to care for your animals for three days.
- 2 If you have to evacuate, taking your pet with you is the best option: Pack a lead/harness/ muzzle/carrier or cage with your evacuation supplies.
- 3 If you are unable to take your pet with you, notify Auckland Council Animal Management

(09 301 0101). They will make every effort to care for your animals if you are unable to.

- 4 Make sure your pet is identifiable in case you get separated: Microchip and register your pets and keep the details up to date. Make sure your pet is wearing a collar and tag with your details.

In the 2011 Canterbury earthquake 80 percent of microchipped animals were reunited with their owners versus 20 percent for non-chipped animals.

- 5 Put your name and contact details in a waterproof bag along with a photo of your pet and any special needs they have. Evacuation centres are not always able to care for pets but they can be diverted to animal shelters. You will be reunited after the emergency has passed!

For more information, including how to plan for livestock or service animals, visit:

<https://bit.ly/3NFFYLJ> ●



RESILIENTAUCKLANDNORTH.ORG.NZ



I N F O R M A O T E A R O A I N S P I R E

ANCAD's training programmes for community groups and the not-for-profit sector



SIMON RITCHIE

Training Coordinator
simon@ancad.org.nz
0800 426 223
(0800 4ANCAD)

The Auckland North Community and Development (ANCAD) Professional Development Programme (previously known as Five Good Ideas) is now known as **LiiFT AOTEAROA**.

LiiFT AOTEAROA seeks to both inform and inspire – that's why there are two 'i's in LiiFT.

ANCAD's vision is to see community and For Purpose (NFP) groups LiiFTED and strengthened through offering relevant and affordable capability-building courses, presented by top, professional consultants and facilitators, just as we have been doing for many years now, with the fantastic support of The Tindall Foundation.

The two 'i's in LiiFT also represent, in imagery, two stick figures and stand for people partnership and collaboration as key ways of fostering growth, harmony and resilience.

The remaining letters 'LFT' stand for 'Learning for Today' as we seek to respond to community need with relevant and timely courses as well as looking to the future in supplying the latest, helpful resource and training.

Our hope is that many will benefit and build on the good works they are already doing for the sake of community in Aotearoa.

For detailed information about course content go to the ANCAD Training website found here www.liift.nz ●



ANCAD's professional development programme for 2022

DATE	SESSION TOPIC	TIME	PRESENTER	LOCATION
February 11	Volunteer Management: Policies & Procedures for Volunteers	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
February 16	Difficult Conversations: Balancing Caring & Accountability	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
February 18	Essential First Aid	9:30 am to 2:00 pm	Sarah Thompson (First Aid First Ltd)	Mary Thomas Centre, Takapuna
February 25	Volunteer Management: Volunteer Retention	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Sandy Thompson (LEAD)	Zoom
March 4	Volunteer Management: Evaluating Your Volunteer Programme	10:00 am to 11:30 am	Heidi Quinn (Volunteering New Zealand)	Zoom
March 10	Future-proofed funding: Move your NFP towards Sustainable Funding	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
March 16	Creating Effective Social Media Content	1pm to 2pm	Alecia Hancock (Hancock Creative)	Zoom
March 25	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Te Tuhi Centre, Pakuranga
March 31	Getting Back in the Driving Seat of your Life	10:00 am to 11:30 am	Maria Thorndyke (The Grief Centre/Hearts & Minds)	Zoom
April 6	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
April 13	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
May 4	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom
May 11	Practical Non-profit Strategy 1: How to really do more with less	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom

DATE	SESSION TOPIC	TIME	PRESENTER	LOCATION
May 19	An Introduction to Digital Marketing for Small Not for Profits	10:00 am to 12 noon	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder) with Anissa Ljanta	Zoom
May 26	Practical Non-profit Strategy 11: How to develop strategies that make a difference in the real world	10:00 am to 11:30 am	Garth Nowland-Foreman (LEAD)	Zoom
June 2	Setting up a new organisation: Legal responsibilities and financial oversight	9:30 am to 3:00 pm	Carol Scholes (Overview Effect)	Waiheke Island
June 9	Collaborating in Community-Led Change	10:00 am to 12 noon	Kindra Douglas (Inspiring Communities)	Zoom
June 15	Getting Beyond Busy: Simple Strategies to Reduce Overwhelm and Boost Productivity	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
June 22	Partnering with Māori: How to practically apply Te Tiriti o Waitangi in your Leadership and Work	9:30 am to 12:30 pm	Hilary Star Foged (LEAD)	Mary Thomas Centre, Takapuna
June 29	Cultural Awareness and its Implications for Leadership	10:00 am to 11:30 am	Hilary Star Foged (LEAD)	Zoom
July 6	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Garth Nowland-Foreman	Zoom
July 7	The Incorporated Societies Act 2022: what you should know	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 4	Governance and Management: Roles and Responsibilities	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 11	How to be a Great Board Member/Chair/ Treasurer or office holder	10:00 am to 11:30 am	Carol Scholes (Overview Effect)	Zoom
August 18	Funding Options for your Organisation: What now and what next?	10:00 am to 11:30 am	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Zoom
August 25	Strategic Grant Seeking and Writing Workshop	9:30 am to 12:30 pm	Therese Lanigan Behrent (Independent NFP Funding Consultant and Capacity Builder)	Mary Thomas Centre, Takapuna (TBC)
September 7	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	Aly McNicol (NZ Coaching & Mentoring Centre)	Zoom
September 15	Other Fundraising Options: Donations, Bequests, Business Support & Events	10:00 am to 11:30 am	Stephanie Maitland (Maitland & Associates)	Zoom
September 23	Essential First Aid	9:30 am to 2:00 pm	Sarah Thompson (First Aid First Ltd)	Mary Thomas Centre, Takapuna
November 2	Resourcing Leaders in Times of Change (bi-monthly) with topic du jour	10:00 am to 11:30 am	TBC	Zoom

Remaining sessions September to November 2022 to be confirmed at a later date. Further information and detail about the topic content and session costs will be made available in the Friday mailouts each week, including information on how to register. We look forward to presenting this high quality, affordable and exciting Programme in 2022 and welcome all from the For Purpose (NFP) community.



LiiFT Aotearoa sessions in June



The month of June was a busy month for LiiFT training as we centred our learning opportunities around Matariki. We held a session on 'Collaborating in community-led change' with Kindra Douglas from Inspiring Communities. Feedback from those who attended was very positive and people said they appreciated the many practical and pragmatic tools that could be taken away and used straight away.

The next session on the calendar was presented by Aly McNicoll (New Zealand Coaching & Mentoring Centre) and helped all in attendance with strategies to help 'Get beyond busy and reduce overwhelm and boost productivity'. Next we ran a face to face workshop at the Mary Thomas Centre, in Takapuna, presented by Hilary Star Foged (LEAD), that created lots of in-depth kōrero around 'How to partner with Māori and how to practically apply Te Tiriti o Waitangi in leadership and work.' People appreciated the openness of discussion and the knowledge shared.

The next session in June around the time of Matariki was also presented by Hilary Star Foged and this time was focused on 'Cultural awareness and its implications for leadership'. People also appreciated being able to chat with each other in break out rooms and hearing of others strategies and experiences around this theme. People left feeling like they could go on with more time being spent on this topic (perhaps in a future session!).

In July the LiiFT programme holds a special session on the 'Incorporated Societies Act 2022: What you should know' with presenter Carol Scholes (Overview Effect) and offers a free session on Zoom for all leadership in the NFP community to attend our 'Resourcing Leaders in Times of Change' sessions (bi-monthly topics). The topic for July is 'Learning from Lifecycles' with Garth Nowland-Foreman (LEAD).

Check out the programme and the website at www.LiiFT.nz for more information. ●



SIMON RITCHIE

Training Coordinator
simon@ancad.org.nz
0800 426 223
(0800 4ANCAD)

LiiFT

INFORM AOTEAROA INSPIRE



LiiFT Aotearoa sessions in August

ANCAD TRAINING | ZOOM SESSION

GOVERNANCE AND MANAGEMENT

ROLES AND RESPONSIBILITIES



Presenter: Carol Scholes, Overview Effect
Thursday 4 August 2022 | Zoom
Cost: \$35 | 10 am to 11:30 am
For more information: simon@ancad.org.nz

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www.LiiFT.nz

ANCAD TRAINING | ZOOM SESSION

HOW TO BE A GREAT

BOARD MEMBER | CHAIR
TREASURER | OFFICE HOLDER



Presenter: Carol Scholes, Overview Effect
Thursday 11 August 2022 | 10 am to 11:30 am | Zoom
Cost: \$35 | For more info: simon@ancad.org.nz

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www.LiiFT.nz

ANCAD TRAINING | ZOOM SESSION

FUNDING OPTIONS FOR YOUR ORGANISATION

WHAT NOW AND WHAT NEXT?



Presenter: Therese Lanigan Behrent
Thursday 18 August 2022 | 10 am to 11:30 am | Zoom
Cost: \$35 | For more info: simon@ancad.org.nz

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www.LiiFT.nz

ANCAD TRAINING | WORKSHOP

STRATEGIC GRANT SEEKING AND WRITING



Presenter: Therese Lanigan Behrent, Independent
NFP Funding Consultant and Capacity Builder
Thursday 25 August 2022 | Cost: \$80
Mary Thomas Centre, Takapuna
9:30 am to 12:30 pm
For more information: simon@ancad.org.nz
www.LiiFT.nz

LiiFT
INFORM AOTEAROA INSPIRE



NSFVPN / CFG / YCS: Meeting dates 2022



DEB HUMPHRIES

Coordinator
fvpnns@gmail.com
021 0810 7516

NORTH SHORE FAMILY VIOLENCE PREVENTION NETWORK

The North Shore Family Violence Prevention Network (FVPN) is an open collaborative of individuals and agencies that advocate for Family Violence Prevention initiatives within the wider North Shore Community. Members represent both NGO and Government organizations.

Meeting dates 2022

Dates continue on the first Thursday of the month:
7 July | 4 August | 1 September |
6 October | 3 November | 1 December
(NEW) Meeting Time: 1:00pm–2:00pm
Venue: TBC - Zoom OR Mary Thomas Centre, Takapuna (as per COVID Protective Framework settings).

CHILD FOCUS GROUP / YOUTH CYBER SAFETY

Child Focus Group (CFG) was formed in October 2010 with the overarching goal of strengthening the Auckland North community's ability to effectively support children who have been affected by family violence and prevent them from further abuse by enhancing existing systems, increasing community ownership and the service response wrapped around families and whanau.

Meeting dates 2022 (combined Child Focus Group and Youth Cyber Safety)

Dates continue on the second Thursday of the month:
14 July | 11 August | 8 September |
13 October | 10 November | 8 December
(NEW) Meeting Time: 1:00–2:00pm
Venue: Zoom OR Mary Thomas Centre, Takapuna (as per COVID Protective Framework settings).

Look forward to seeing you then.





AUCKLAND COMMUNITY ACCOUNTING

Auckland Community Accounting welcomes requests



GEOFF ANDREWS

Project Manager
geoff@ancad.org.nz
021 054 6240
0800 426 223
(0800 4ANCAD)

Auckland Community Accounting (ACA) welcomes requests for accounting assistance from NFPs for this free and confidential service.

This service is for Community groups including sporting, cultural and social service agencies and the service is provided by accountancy students from Massey University, supervised by Chartered Accountants.

Students will assist with your finances, help you understand the treasurers role and guide your organisation through the new annual reporting process.

They will also help you understand the financial responsibilities of a Board or Committee, point you in the direction of resources that can assist your organisation and help you work out how to utilise your accounting software more efficiently.

The students will gain valuable real life experience in the wonderful NFP sector and at the same time they will be giving back to the sector and developing a better understanding of the work of NFPs and the wonderful contribution volunteers make to the sector.

If you just want to find out more or want to sign up please email me at geoff@ancad.org.nz or give me a call on 021 054 6240 or 0800 426 223. ●



AUCKLAND
COMMUNITY
ACCOUNTING



COMMUNITY
ACCOUNTING
AOTEAROA

Auckland Community Accounting

Auckland Community Accounting is a free and confidential service which offers support and assistance on accounting matters to small and medium community organisations within the Auckland region.

WHO IS THIS SERVICE FOR?

Community groups, including sporting, cultural and social service agencies within the region, are able to access this service free of charge.

- Struggling with your charities finances?
- Need help understanding the treasurer's role?
- Having difficulty completing your annual return and performance report?
- Need help understanding the financial responsibilities of a Governance Board or Committee?
- Unsure what financial and non-financial resources are available to assist your charity?
- Experiencing difficulty working with your accounting software or looking to purchase?

HOW DOES IT WORK?

- Auckland Community Accounting provides community groups in the Auckland Region with free and confidential assistance on accounting matters.
- Teams made up of senior accounting students from Massey University provide assistance under the supervision of a Chartered Accountant.
- This provides accounting students with practical experience and encourages increased involvement in the local community sector.

WHAT DO YOU NEED TO DO?

Step 1: Register your organisation's interest in receiving assistance from Auckland Community Accounting.

Email geoff@ancad.org.nz or phone 021 054 6240.

Step 2: Give some indication of the type of assistance your organisation is looking for.

Please note: The matters on which students can advise will be limited to:

- Good practice and general accounting principles relevant to the not-for-profit sector.
- Assisting with document completion/form filling where appropriate.
- More detailed or complex queries will be referred to local Chartered Accountants.

Auckland Community Accounting is supported by the following organisations:

Auckland North Community and Development (ANCAD) | Department of Internal Affairs | Massey University | Foundation North | Auckland Council | Charities Services | Chartered Accountants Australia and New Zealand | RSM



AUCKLAND COMMUNITY ACCOUNTING

Geoff Andrews, Programme Manager
0800 426 223 | 021 054 6240
geoff@ancad.org.nz



AUCKLAND COMMUNITY ACCOUNTING



**AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT**
Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua

Community Accounting Aotearoa

Community Accounting Aotearoa is a free and confidential service which offers support, and assistance on accounting matters to small and medium community organisations outside the Auckland region.

WHO IS THIS SERVICE FOR?

Community groups within New Zealand are able to access this service free of charge.

- Struggling with your charities finances?
- Need help understanding the treasurer's role?
- Having difficulty completing your annual return and performance report?
- Need help understanding the financial responsibilities of a Governance Board or Committee?
- Unsure what financial and non-financial resources are available to assist your charity?
- Experiencing difficulty working with your accounting software or looking to purchase?

HOW DOES IT WORK?

- Community Accounting Aotearoa provides community groups outside the main centres with free and confidential assistance on accounting matters.
- Teams made up of senior accounting students from Massey University will provide support using digital technology software such as Zoom.
- Community groups require only an internet connection and a computer with a camera.
- The students are supervised by volunteer Chartered Accountants.

WHAT DO YOU NEED TO DO?

Step 1: Email geoff@ancad.org.nz or phone 021 054 6240

Step 2: Give some indication of the type of assistance your organisation is looking for.

Please note: The matters on which students can advise will be limited to:

- Good practice and general accounting principles relevant to the not-for-profit sector.
- Assisting with document completion/form filling where appropriate.
- More detailed or complex queries will be referred to local Chartered Accountants.

Community Accounting Aotearoa is supported by the following organisations:

Auckland North Community and Development (ANCAD) | Department of Internal Affairs | Massey University | Foundation North | Auckland Council | Charities Services | Chartered Accountants Australia and New Zealand | RSM



COMMUNITY ACCOUNTING AOTEAROA

Geoff Andrews, Programme Manager
0800 426 223 | 021 054 6240
geoff@ancad.org.nz



COMMUNITY ACCOUNTING AOTEAROA



AUCKLAND NORTH
COMMUNITY AND DEVELOPMENT
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ANCAD's Funding Directory Auckland Region 2022

This is available for you to purchase in any of 3 ways from the ANCAD website at www.ancad.org.nz under the SHOP tab. You have three options to select from:



1

PDF

\$25 for the pdf version
(incl. GST). Download straight
away from the payment
confirmation page.

2

PRINTED HARD COPY

(80+ pages): \$44.50
(maximum that can be ordered
is two) incl. postage and GST.
For bulk orders of hard copies
(more than two) contact
Susan directly at
accounts@ancad.org.nz

3

COMBO

\$59.50 of one hard copy and
the pdf (incl postage and GST)

*NOTE: Dispatch of hard copies will be
within 5 working days of receipt of order.
PDFs can be downloaded directly by
clicking on the download button on
the confirmation of payment page.*

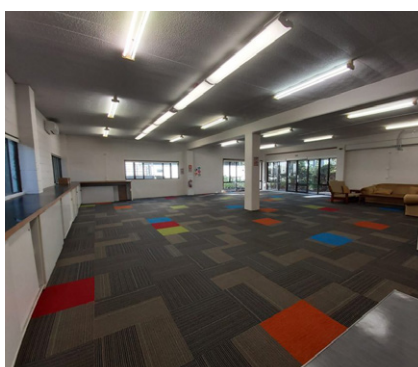
Venue hire

ANCAD facilitates the hiring of three meeting spaces within the Mary Thomas Centre in Takapuna. Please contact us for more information.



CHANNEL VIEW LOUNGE

- Capacity 80 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$50 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$25 + GST per hour (up to 4 hours).
- Kitchen \$15 + GST one off charge.



ST ANNE'S ROOM

- Capacity 60–80 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$50 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$25 + GST per hour (up to 4 hours).
- There is a kitchenette in the St Anne's Room.



WYN WILLIAMS ROOM

- Capacity 20–30 people.
- Morning 8:00am–12noon
Afternoon 1:00pm–5:00pm
Evening 6:00pm–10:00pm
- Commercial rate: \$36 + GST per hour (up to 4 hours).
- Community (NFP) rate: \$18 + GST per hour (up to 4 hours).

FOR MORE INFORMATION:

Mary Thomas Centre | 3 Gibbons Rd, Takapuna, Auckland
Channel View Lounge: accounts@ancad.org.nz | 022 095 3462
St Anne's Room and Wyn Williams Room: hub@ancad.org.nz | 0800 426 223 | 021 054 6240

Takapuna Community hub
Kotahitanga



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Te Runanga Ratonga Hapori o Te Raki-Pae-Whenua

Citizens Advice Bureau



Ngā Pou Whakawhirinaki o Aotearoa

Discover your rights Tūhuratia ō motika

What are
my rights?

How can I solve
my problem?

Who can help me?

Is that legal?

What are
my options?



Not sure?
ASK US.

Kāore i te mārama?
Pātai mai.

CAB North Shore:

Birkenhead, Browns Bay, Glenfield,
Hibiscus Coast, Northcote & Takapuna

0800 367 222

www.cab.org.nz

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For people with a job



Communicate well at work



Understand Kiwi workplace culture



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**Learn workplace vocabulary - general and specialized.
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Small classes.
Limited places.**



English Language Partners North Shore

424 Lake Road, Takapuna, North Shore, Auckland

Phone 09 489 2078

Email northshore@englishlanguage.org.nz

www.englishlanguage.org.nz

*Free for NZ resident visa holders and citizens.



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CONFIDENT IN SPEAKING ENGLISH TO
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**THURSDAYS | 1:00-2:30PM
7 WEEKS | STARTING 28TH JULY
110 HINEMOA STREET | BIRKENHEAD**

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OR CALL 09 4805279**

Tamariki time to play with big toys, be active and make new friends

BELMONT & BAYSWATER

HŌTOKE/WINTER FUN

TAMARIKI (0-5) PLAY

Tuesday mornings 9:30am-11:30am

7 JUNE - 25 OCTOBER, 2022

(including school holidays)



BAYSWATER SCHOOL HALL, ROBERTS AVE, BAYSWATER

Parking available • Supervision by caregivers required



Stress Management for Chronic Pain

Living with Chronic Pain can bring many challenges which can be stressful to navigate. This online Zoom group will focus on recognising the links between the brain, pain and stress. Topics include:

- Training the brain to reduce the severity and frequency of pain flare-ups, by paying attention in different ways to thoughts, emotions and behaviours.
- An introduction to specific skills to cope with pain and manage stress.

Please note that this group is designed to complement the support you are receiving from medical practitioners for physical pain, rather than replace it.

DATE Every Thursday,
19th May to 21st July
(10 sessions)

TIME 6:30pm-8:00pm

VENUE Online (Zoom)

COST \$95 (**Free with referral**)



Waitematā
District Health Board
Best Care for Everyone



ABOUT NICOLA DUNCAN
(B.A. Hons, Post Grad Dip CBT, MNZAC)

Nicola is a registered counsellor and has considerable experience in relationship counselling, loss, conflict, depression and anxiety. While she employs a number of modalities in her counselling practice, Nicola finds CBT in a group setting to be particularly helpful for those experiencing stress, anxiety, depression or low self-esteem.



For more information and registration, please contact
Hearts & Minds

PHONE 09 441 8989
E-MAIL learning@heartsandminds.org.nz
WEB www.heartsandminds.org.nz

ANCAD funders

ANCAD thanks our valued funders for their support!



Our vision:

RESILIENT

SAFE

CONNECTED

communities



**AUCKLAND NORTH
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